



SURVIVAL GUIDE

Helpful Information about Living in
Pittsburgh, Pennsylvania

Compiled by:
Tepper School of Business at Carnegie Mellon Partners Club

Dear First Year Students and Partners:

Welcome to the Tepper School of Business at Carnegie Mellon and to Pittsburgh! You're probably experiencing a mix of emotions right now—from excitement to anxiety. Not only are you uprooting your lives to attend graduate school, but also, for most of you, this entails moving to a new city—perhaps even a new country! So, we've assembled this guide to assuage your apprehension, ease your relocation, and introduce you to some of the fantastic things Pittsburgh has to offer.

Pittsburgh has a somewhat dubious reputation. The most prevalent characterization of Pittsburgh is probably that of a blue-collar industrial city. Yet, when people actually have the opportunity to visit and explore here, they are pleasantly surprised. Pittsburgh's unique charm may not be obvious at first glance, many of its wonderful attributes not immediately evident. But they are most definitely there—waiting to be discovered across one of the abundant bridges or over one of the numerous hills that dot the landscape.

In many ways, Pittsburgh is an anomaly of itself—just when you think you have it figured out, it reveals something new. Pittsburgh boasts a motley assortment of neighborhoods that offer extensive dining, shopping and entertainment. Family-run ethnic markets stand alongside trendy martini bars. Greasy spoon Pittsburgh institutions serving up “native” dishes like pierogies flank quaint galleries showcasing up-and-coming artists.

There are certain names that you will continually hear—Carnegie, Heinz, Frick and Mellon to name a few. Thanks in part to such legacies Pittsburgh is an artistically, culturally and historically rich and significant city, brimming with stunning architecture, marvelous museums, and world-class theater and music venues and performances.

If you are an outdoor enthusiast, Pittsburgh has several public urban parks offering everything from mountain biking to golfing. And just a short drive away, you can enjoy whitewater rafting, extensive bike trails and great ski resorts. For sports fans, Pittsburgh has a number of professional and college-level teams, as well as outstanding athletic facilities.

Now, we're not delusional. We realize Pittsburgh, like any city, has its flaws and challenges. Yet, Pittsburgh is a highly civic-minded community. There are hundreds of organizations, big and small, that are working avidly to help improve the city and make it a better place to live, to work, and to go to school.

Special thanks to the Class of 2004 Tepper School of Business Partners who initiated this guide and provided a great foundation upon which we've tried to build and expand. While we couldn't possibly fit everything about Pittsburgh into this guide, we hope you'll find it informative and useful. We've done our best to be accurate; however, the information in this guide is subject to change.

So, relax a little, have fun and welcome!

Sincerely,

Tepper School of Business at Carnegie Mellon Students and Partners, Class of 2009

About Tepper Partners Club:

Tepper Partners is open to any spouse, partner or significant other of a student or alumni of the MBA, MSCF, MSQE or PhD programs at Carnegie Mellon University.

The club serves as a way for Partners to network with others who are also new to the city or country. It is a support system for those with similar interests, concerns, and life situations.

Partners club also maintains a Yahoo Group which serves as a central resource and communication site listing partner-organized activities, business school and campus-wide events, job resources, and databases with member names and contact information.

<http://groups.yahoo.com/group/TepperPartners>

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LEARNING ABOUT PITTSBURGH

History of Pittsburgh

To help you get better acquainted with Pittsburgh, we thought it would be helpful to provide some background on the city's history.

Pittsburgh lies at the confluence of the Monongahela River and Allegheny River, which merge to form the Ohio River, ultimately draining into the Mississippi River and Gulf of Mexico. Beginning in the early 19th century, Pittsburgh's proximity to large coal deposits and excellent positioning along major trade routes made it one of the world's leading industrial powerhouses. Steel production was a major industry for many years, earning the city its nickname, "The Steel City." Pittsburgh was also one of the world's largest producers of iron, aluminum and glass.

As an industrial city Pittsburgh was a major hub of early railroad activity. Millions of European immigrants settled in and around Pittsburgh in the 19th and early 20th centuries to seek employment in the steel mills, coal mines, railroads or numerous associated industries.

All of this industry created the image of a "smoky city," or what writer James Parton once described as "Hell with the lid off." But, by the 1960s, Pittsburgh earned a special place in the history of urban development by remaking itself—through public-private partnerships—into a city with clean air, clean water, grand public space and architecturally significant office buildings, a period commonly referred to as Renaissance I and II.

Despite these civic achievements, with the recessions of the 1970s and the advent of cheap foreign labor, Pittsburgh's steel mills were unable to compete with foreign steel mills, and most closed down. This created a ripple effect that decimated the local economy, as railroads, mines, and factories across the region shut down, one by one.

The collapse of the U.S. steel industry marked a major turning point for the city of Pittsburgh though, yielding an unexpected Renaissance III. Pittsburgh was spared the fate of other post-industrial "Rust Belt" cities as the basis of the economy dramatically shifted from heavy industry to high technology, bio-medics, banking and service-based fields. Moreover, a group of visionaries led by the late Jack Heinz (chairman of the the H.J. Heinz Company) banded together to keep the city and its quality of life alive by transforming the derelict downtown area, that was once considered the theater district of Pittsburgh, into an arts district once again. As a result of that foresight, perseverance and dedication, Pittsburgh has a fantastically thriving fourteen square block cultural district today that continues to expand.

Downtown Pittsburgh is also home to various new skyscrapers, the tallest being the U.S. Steel Tower, famous for having only three sides. Also notable on the city skyline is the futuristic PPG Plaza.

Sources: *Wikipedia, a free encyclopedia on the Internet, and The Pittsburgh Cultural Trust's Web site.* To access additional related information, visit <http://en.wikipedia.org/wiki/Pittsburgh> or www.pgharts.org.

Pittsburgh Firsts

We thought you might be interested in learning about some noteworthy events that first took place Pittsburgh—from landmark medical breakthroughs to classic American culinary inventions like the banana split!

- **First Heart, Liver, Kidney Transplant - December 3, 1989**
The first simultaneous heart, liver and kidney transplant was performed at Presbyterian-University Hospital.
- **First Polio Vaccine - March 26, 1953**
The polio vaccine was developed by Dr. Jonas E. Salk, a 38-year-old University of Pittsburgh researcher and professor, and his staff at the University of Pittsburgh.
- **First Mr. Yuk Sticker - 1971**
Mr. Yuk was created at the Poison Center at Children's Hospital of Pittsburgh after research indicated that the skull and crossbones previously used to identify poisons had little meaning to children as a warning symbol.
- **The First Baseball Stadium in the U.S. - 1909**
In 1909 the first baseball stadium, Forbes Field, was built in Pittsburgh, followed soon by similar stadiums in Chicago, Cleveland, Boston and New York. Forbes Field closed in 1970 when Three Rivers Stadium opened. PNC Park is the newest replacement.
- **The First World Series - 1903**
The **Boston Pilgrims** defeated the **Pittsburgh Pirates** five games to three in baseball's first modern World Series in 1903. The Pirates lost the final game 4-3, before a crowd of 7,455 in Boston. Four of the series' games were played in Pittsburgh.
- **First Night World Series Game - 1971**
Game 4 of the 1971 World Series was the first night game in Series history. Pittsburgh tied the series in that game with a 4-3 win and went on to win the series, 4 games to 3. This was one of the last big moments in the career of well-loved Pirate, Roberto Clemente. Fourteen and a half months after the 1971 World Series, he died in a plane crash off the coast of his native Puerto Rico as he attempted to take food, clothing and medical supplies to earthquake victims in Nicaragua.
- **First Big Mac - 1967**
Created by Jim Delligatti at his Uniontown McDonald's, the Big Mac debuted and was test marketed in three other Pittsburgh-area McDonald's restaurants in 1967. By 1968 it was a mainstay on McDonald's menus throughout the country and, eventually, the world.
- **First Robotics Institute - 1979**
The Robotics Institute at Carnegie Mellon University was established in 1979 to conduct basic and applied research in robotics technologies relevant to industrial and societal tasks.
- **First Banana Split - 1904**
The banana split was invented by Dr. David Strickler, a pharmacist, at Strickler's Drug Store in Latrobe, Pennsylvania.
- **Daylight Savings Time - March 18, 1919**
A Pittsburgh city councilman during the first World War, Robert Garland devised the nation's first daylight savings plan, instituted in 1918.

- **First Gas Station - December, 1913**
In 1913 the first automobile service station, built by Gulf Refining Company, opened in Pittsburgh at Baum Boulevard and St. Clair Street in East Liberty. It was designed by J. H. Giesey.
- **First Motion Picture Theatre - 1905**
The first theater in the world devoted to the exhibition of motion pictures was the "Nickelodeon," opened by Harry Davis on Smithfield Street in Pittsburgh.
- **First Ferris Wheel - 1892/1893**
The first Ferris Wheel, invented by Pittsburgh native and civil engineer, George Washington Gale Ferris (1859-1896) was in operation at the World's Fair (Columbian Exposition) in Chicago. It was over 264 feet high and was capable of carrying more than 2,000 passengers at a time.
- **First Zippo Lighter - 1932**
George G. Blaisdell invented the Zippo lighter in 1932 in Bradford, Pennsylvania. You can even find the name of the manufacturing location, either Bradford or Niagara Falls, Canada, stamped on the bottom of every Zippo lighter. The name Zippo was chosen by Blaisdell because he liked the sound of the word "zipper," which was patented around the same time in nearby Meadville, PA.
- **First Bingo Game - early 1920's**
Hugh J. Ward first came up with the concept of bingo in Pittsburgh and began running the game at carnivals in the early 1920s, taking it nationwide in 1924. He secured a copyright on the game and wrote a book of Bingo rules in 1933.
- **First Pull-Tab on Cans - 1962**
The pull-tab was developed by Alcoa and was first used by Iron City Brewery in 1962. For many years, pull-tabs were only used in this area.
- **The First Internet Emoticon - 1980**
The Smiley :-) was the first Internet emoticon, created in 1980 by Carnegie Mellon University computer scientist Scott Fahlman.
- **First U.S. Public Television Station - WQED - April 1, 1954**
WQED, operated by the Metropolitan Pittsburgh Educational Station, was the first community-sponsored educational television station in America and was also the first to telecast classes to elementary schools (1955).
- **First U.S. Commercial Radio Station - KDKA - November 2, 1920**
Dr. Frank Conrad, assistant chief engineer of Westinghouse Electric, first constructed a transmitter and installed it in a garage near his home in Wilkinsburg in 1916. The station was licensed as 8XK. At 6 p.m. on Nov. 2, 1920, 8XK became KDKA Radio and began broadcasting at 100 watts from a make-shift shack atop one of the Westinghouse manufacturing buildings in East Pittsburgh.

Source: <http://pittsburgh.about.com/>

Key Web Resources

Following is a list of Web sites that offer a wealth of information about Pittsburgh.

Allegheny County: <http://www.alleghenycounty.us/>

Allegheny County's site features information about county services & departments and regional economic development. There is valuable information about the public transportation system, Port Authority Transit (PAT).

Carnegie Library of Pittsburgh: www.clpgh.org

This isn't just for the library, it's a valuable resource for finding events in Pittsburgh.

City of Pittsburgh: www.city.pittsburgh.pa.us

The City of Pittsburgh's official site includes information on city services, news, event schedules, maps, walking tours, and contact information.

City of Pittsburgh Parks & Recreation:

http://www.city.pittsburgh.pa.us/parks/html/citiparks_events.html

Here you can find all sort of great information on city parks including maps, directions, recreational activities and special events..

Pittsburgh Cultural Trust: www.pgharts.org

wonderful resource for information on Pittsburgh's Cultural District, as well as information on venues and upcoming events.

Pittsburgh Events: <http://www.pghevents.com>

An indispensable resource sponsored by Managerie, a "social enterprise" for the area's arts & entertainment community in Pittsburgh; Provides an extensive list of events searchable by various criteria (type of event, venue, date, etc...).

Pittsburgh Museums: <http://www.pittsburgh.net/interests.cfm?CtgID=147&GrpID=1&>

A comprehensive list of Museums in the Pittsburgh Area, including all of the Carnegie Museums of Pittsburgh, as well as the Childrens' Museum.

Student Guide to Pittsburgh: <http://www.studentguidetopittsburgh.com/index.htm#business>
Online guide for students in the Pittsburgh area.

Pittsburgh.com: www.pittsburgh.com

A site created by WPXI-TV that includes news, current entertainment offerings, sports updates, road reports, links to other useful sites, and much more.

Greater Pittsburgh Convention & Visitors Bureau: www.pittsburgh-cvb.org or

www.visitpittsburgh.com The Greater Pittsburgh Convention & Visitors Bureau produces the official site for travel and tourism in Pittsburgh. The site includes a useful section of facts and statistics.

Greater Pittsburgh Chamber of Commerce: www.pittsburghchamber.com

This site was developed by the Pittsburgh Regional Alliance. It includes valuable information about working, playing, living and doing business in Pittsburgh and the region in which it is located.

Pop City: www.popcitymedia.com

News, local development, culture and neighborhoods.

Visit PA: www.visit.state.pa.us

Great information about the state and all that it offers is featured in this site.

United Way: www.unitedwaypittsburgh.org

The region's largest database of services (Help Connection) and volunteer matching (Volunteer Solutions).

NEIGHBORHOODS AT A GLANCE

Pittsburgh offers a broad urban landscape and experience through its various neighborhoods. Each neighborhood has a palpable look and feel, a unique history and, quite often a distinctive ethnic composition. Some neighborhoods are more chic, like the South Side, where you'll find trendy bistros and bars. Other neighborhoods are more traditional, such as Bloomfield, where you'll find a bevy of Italian restaurants that have been run by the same families for years. Some neighborhoods are bustling with activity, while in others you can see redevelopment efforts in the early stages, such as Lawrenceville. In addition, due to Pittsburgh's historical past, its current redevelopment efforts and simply the passage of time, many Pittsburgh neighborhoods now have split personalities.

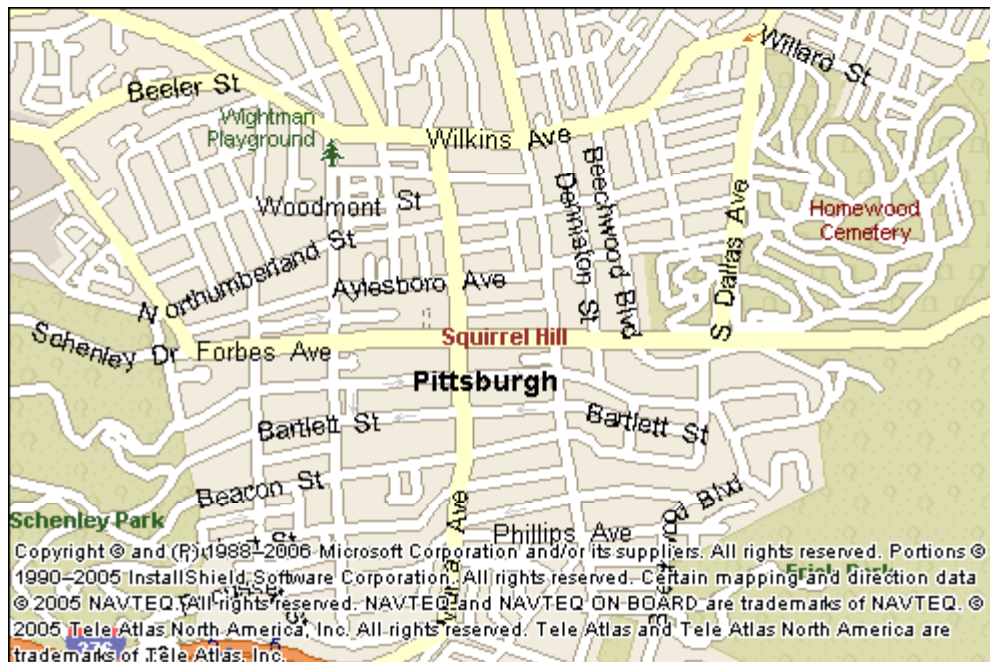
The city is fairly spread out and dotted with sizeable, leg-burning hills. So, walking from neighborhood to neighborhood can prove difficult. But, the various neighborhoods are a close car or bus ride away from each other.

The majority of the Tepper School of Business students reside in the three neighborhoods that immediately border the school: Squirrel Hill, Shadyside and Oakland. These neighborhoods are part of what is commonly referred to as the city's "East End."

In this section, you'll find a description of various Pittsburgh neighborhoods along with some suggestions for restaurants, coffeehouses, bars and nightclubs, and shops within each neighborhood. (Please note that this guide also contains separate sections devoted to each of these topics.) We've provided more in-depth information on Squirrel Hill, Shadyside and Oakland, as you'll most likely be calling one of these neighborhoods "home" for the next two years.

Web Resource: For a complete listing of and detailed information about Pittsburgh neighborhoods, check out www.city.pittsburgh.pa.us/portal/neighborhoods.html.

Squirrel Hill



Squirrel Hill is one of Pittsburgh's most popular neighborhoods, with a variety of ethnic restaurants, delis, bakeries, old fashioned grocery stores and landmark taverns, as well as chic new eateries,

trendy boutiques, movie theaters and upscale shops. Frick and Schenley Parks border Squirrel Hill, offering residents a bounty of readily-accessible, round-the year recreational activities—from golfing and mountain biking to ice skating and sleigh riding.

Squirrel Hill's culturally diverse population includes a harmonious mix of families, affluent older homeowners, young singles and students. This neighborhood is also the only Orthodox community in Pittsburgh with an eruv.

Housing in Squirrel Hill ranges from high-rise apartments on Forbes and Murray Avenues to sprawling brick mansions on Fair Oaks. Whether you're looking for a quaint apartment to rent or a contemporary house to buy, you'll likely find it in Squirrel Hill. This is a quieter neighborhood and more family-oriented than Shadyside, and also has lots more parking in the residential areas. While rents are still relatively high for Pittsburgh, you tend to get more bang for your buck than with a comparably sized apartment in Shadyside.

Shadyside



Shadyside is in the heart of Pittsburgh's East End. It is close to both CMU and shopping. Walnut Street and Ellsworth Avenue contain the bulk of Shadyside's prosperous commercial and entertainment offerings, boasting a wide variety of boutiques, shops, lounges and restaurants designed to suit the discriminating tastes of residents and visitors. Shadyside offers many independently owned boutiques and galleries, as well as nationally known retailers such as Banana Republic, and Williams-Sonoma. Visit www.shadysideshops.com for more info.

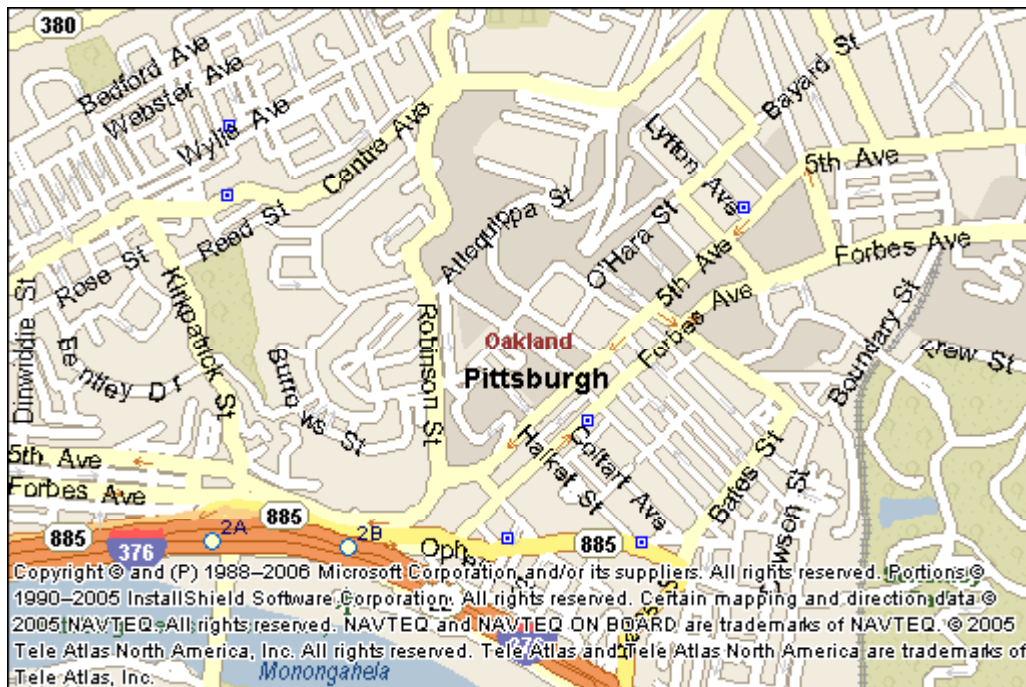
This centrally located neighborhood is surrounded by Squirrel Hill, Oakland, Bloomfield, Friendship, East Liberty, Point Breeze, and Larimer. "Shadyside" was the original name of the Pennsylvania Railroad Station in this area.

Since the 1920s, a mix of affluent families, young professionals, artists, students, and apartment dwellers has settled in Shadyside. Well-maintained, stately Victorian mansions stand in quiet

elegance alongside carefully restored homes. Apartment and condominium buildings full of hardwood floors and old-fashioned architectural character, along with newer, modern homes and buildings are woven together, making this a unique and beautiful neighborhood.

Shadyside is more crowded than Squirrel Hill, and renters tend to get less space for the high rents they pay. However, affordable housing can be found, especially in converted Victorian homes. Street parking can be difficult at times.

Oakland



Art museums, history centers, prestigious universities, grand architecture, quaint coffee shops, international cuisine, arcades, art cinemas, live entertainment, and two main thoroughfares (Forbes and Fifth Avenues) all describe the hustle and bustle that is Oakland. Oakland houses the Carnegie Library Main Branch, the Carnegie Museums of Art and Natural History, Carnegie Music Hall, and Soldiers and Sailors Memorial Hall.

If you're in search of unique shopping and dining experiences, you'll want to explore the Craig Street business district, which you can easily walk to from Carnegie Mellon's campus. You'll also find a selection of ethnic culinary treasures along Atwood Street, which is closer to University of Pittsburgh's campus. If you're looking for some late-night fare, several places on Atwood are open past midnight. Oakland also boasts many nightclubs and bars, but beware of the college crowd.

Many Oakland residents are students at the University of Pittsburgh or at Carnegie Mellon, creating a diverse area of the city, comprised of individuals from at least 90 nations. If you decide to take up residence in Oakland, though, choose locations carefully, as sections vary.

Bloomfield/Lawrenceville

Bloomfield is located just east of Downtown and is surrounded by Shadyside, Friendship, Garfield, Lawrenceville and Oakland. It is easily accessible via Liberty Avenue, Penn Avenue and Bigelow Boulevard.

Bloomfield, whose name was derived from the many wild flowers that bloomed there years ago, is home to one of the city's largest and most active business districts along Liberty Avenue. It is also known as Pittsburgh's "Little Italy." Card shops, shoe stores, a bevy of Italian restaurants and other ethnic eateries, and groceries abound, attracting shoppers not only from nearby neighborhoods but from the Greater Pittsburgh region.

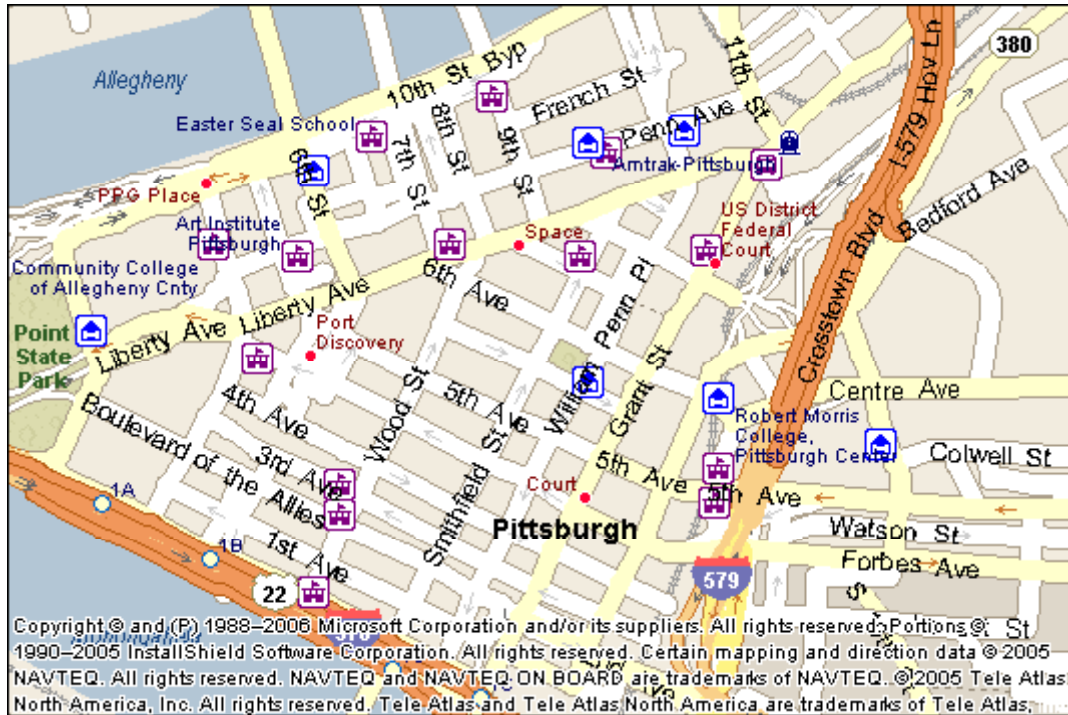
In the late 1800s, millworkers in nearby Lawrenceville constructed small row houses designed for single families and businesses in the style of their homeland. Today, well-maintained row homes along quaint, narrow streets characterize Bloomfield. In this neighborhood, homes are often passed down through families, and grandchildren usually live just a few blocks from grandparents, aunts, uncles and cousins. Bloomfield residents are deeply rooted in the community and are proud of their recreational and youth programs.

Lawrenceville, which is located in close proximity to Bloomfield, is enjoying somewhat of its own renaissance of late. Lawrenceville was established in 1814 by William B. Foster, father of famed Pittsburgh-born composer Stephen Foster, and is named for Captain James Lawrence, a hero of the War of 1812. Lawrenceville's growth occurred primarily in the last few decades of the 19th century. People could live on the hillsides, close to their work, yet free of the smoke that plagued the river valley. Germans were the first to settle in the community during this time period, followed by a number of other European immigrants. A working class neighborhood, Lawrenceville was home to a number of steel plants.

While Lawrenceville is still quite downtrodden as a result of the steel industry collapse, it is definitely starting to make a comeback. The rehabilitation of old buildings is breathing new life into Butler Street, Lawrenceville's main thoroughfare. The "16:62 Design Zone" campaign is also assisting in the neighborhoods revitalization efforts. The "zone" spans from the 16th Street Bridge in the Strip District to the 62nd Street Bridge in Lawrenceville. The "zone" is attracting a growing number of specialty

shops, showrooms, art and craft studios, galleries, manufacturers and professional services firms including architects, interior designers. You can find out more information at www.1662DESIGNZONE.com. If you like supporting locally owned businesses, this is the place to shop!

Downtown Pittsburgh/Cultural District



Pittsburgh's Downtown has quite a lot to offer, it's a Downtown on the upswing. This area of the city is characterized by tall buildings, views of the rivers and numerous bridges, as well as beautiful, diverse and award-winning architecture. For instance, Pittsburgh recently celebrated the opening of the new David L. Lawrence Convention Center, a beautiful facility that is one of the world's largest "green" (eco-friendly) buildings. Many of Pittsburgh's largest corporations have headquarters in Downtown Pittsburgh including U.S. Steel, Alcoa, PNC Bank and Mellon Bank. Undoubtedly, though, the big draw to Downtown is the Cultural District.

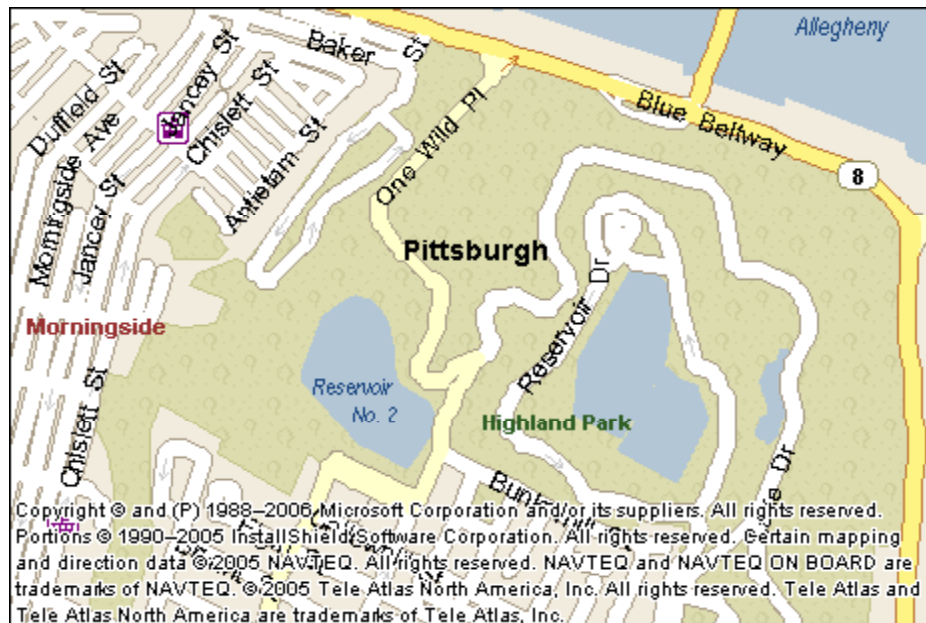
As described on The Pittsburgh Cultural Trust's Web Site (www.pgharts.org): Pittsburgh's Downtown Cultural District is a fourteen-square block area bordered by the Allegheny River on the north, Tenth Street on the east, Stanwix Street on the west, and Liberty Avenue on the south.

In 1989 The Pittsburgh Cultural Trust and the city's Urban Redevelopment Authority defined a vision for the Cultural District. The District is planned around the major performance facilities—Heinz Hall, Benedum Center for the Performing Arts and the Byham Theater. The concept of the Cultural District is of a place that draws people time and time again, not just to enjoy cultural offerings, but also to avail themselves of commercial, recreational, residential and retail uses. Today, Pittsburgh's Cultural District is a great success with over fourteen new cultural facilities, public open spaces and amenities projects, and countless commercial developments.

While parking can be pricey during the day (best bet is to take any one of the many buses that service Downtown), parking fees drop dramatically at night, making a visit to the Cultural District all the more enticing! A great interactive map featuring all of the parking lots and their various rate can be found

at: <http://www.downtownpittsburgh.com/> From the main page, select "Getting Around Downtown", then choose the "Downtown Map".

Highland Park



If your favorite pastime is talking to elephants, then Highland Park is the neighborhood for you. Highland Park is home to the Pittsburgh Zoo and PPG Aquarium, situated among the hills and greenery of the Park for which the neighborhood is named.

Highland Park is a sprawling, 500-acre park with tennis courts, a public swimming pool, and picnic areas. Edward Bigelow, the park's founder, called it "the finest breathing room in the city," and people come from all over the city to enjoy it. The park's 100-year history is still alive today in its many historic monuments, hand-crafted sculptures and ornate entryways. The preserved wooded trails and secluded greenery make Highland Park an ideal urban destination for joggers, walkers, roller bladers, cyclists, picnickers and nature enthusiasts.

Just for the kids there is the Super Playground, a community-designed playground that sparks the imagination of children of all ages.

While Highland Park can be transitional, the neighborhood used to be one of the premier neighborhoods in the city and, as such, boasts some of Pittsburgh's most beautiful old homes. Annual events in Highland Park include the Walking Tour of historically and architecturally significant homes and the "Highland Fling," which features live music, crafts, and food.

While there aren't many businesses in Highland Park, there is a small business district on Bryant Street, and some businesses on Highland Avenue, as well.

Mount Washington



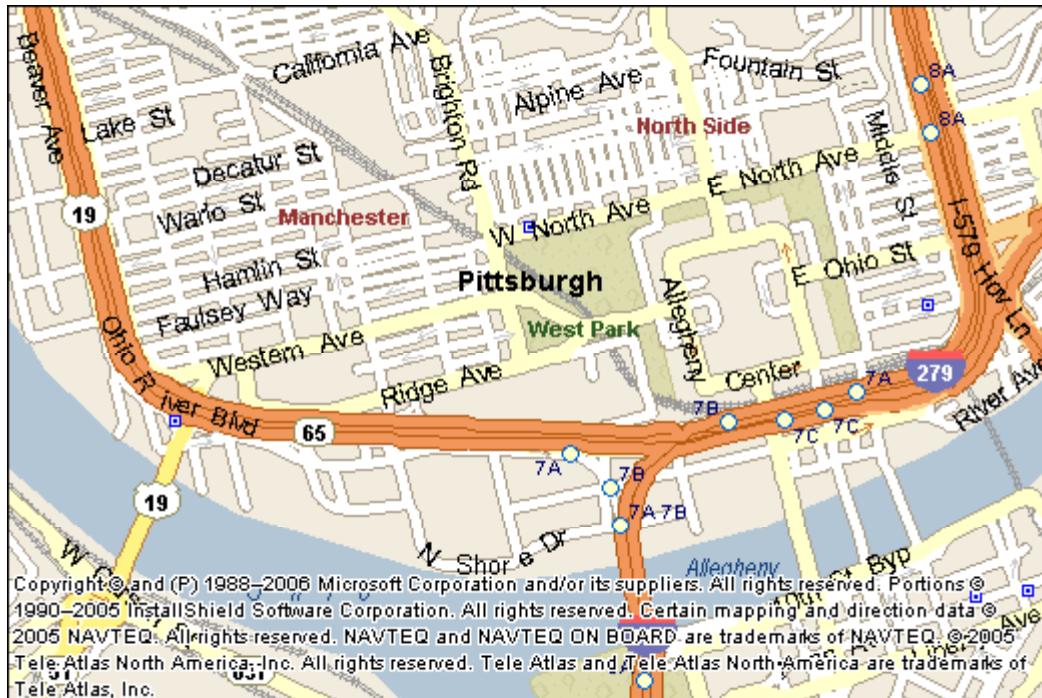
This neighborhood's popularity as a place to live as well as tourist attraction has grown rapidly since Pittsburgh's first Renaissance began to turn the city into a showcase. If you stand on one of the many Grandview Avenue observation decks, you literally have the city at your feet. The views from Mount Washington are absolutely breathtaking at all times of the day, all times of the year. And riding up one of the Inclines to the top of Mount Washington is a fun, unique urban experience.

Prior to 1851, Mount Washington and Duquesne Heights were known as "Coal Hill" in recognition of the prosperous mines located there. Initially, German immigrants settled in the areas. Their technical and engineering skills led to the construction of four "inclines" (also known as funiculars) from 1867 to 1877, solving the long-standing problem of transportation; two of the inclines remain in use today.

Mount Washington boasts an active business district, along with a wide range of parks, green spaces and recreational activities. Not surprisingly, Mount Washington is home to some of the city's most notable, view-worthy and, thus, expensive restaurants.

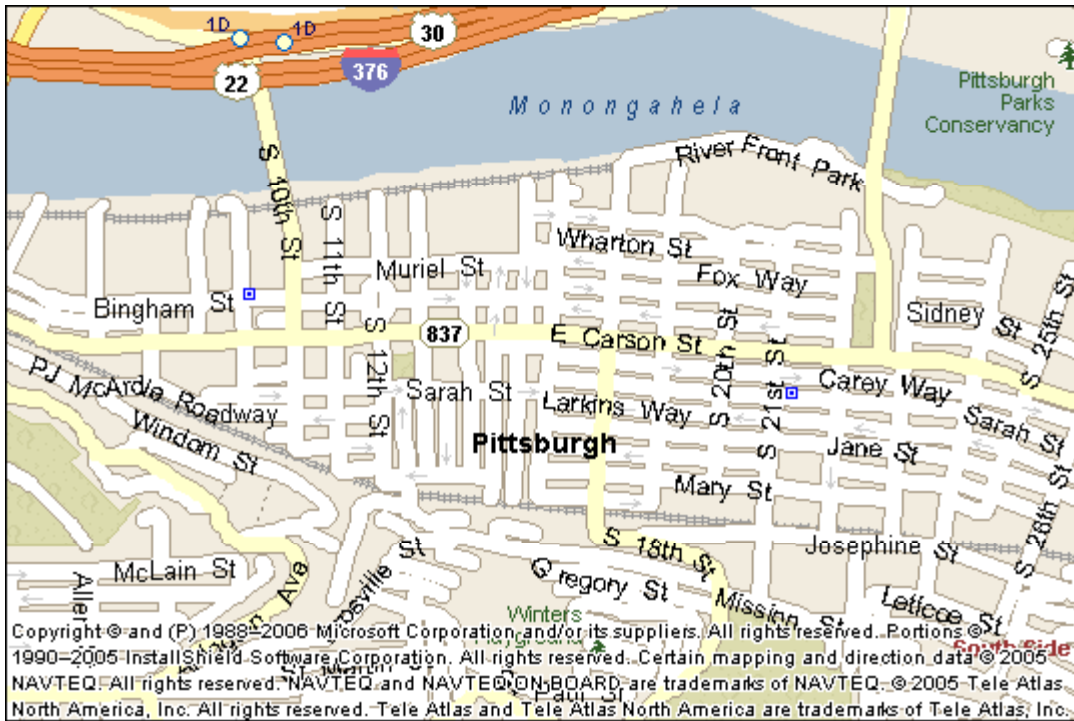
Offering perhaps the broadest range of housing opportunities of any Pittsburgh neighborhoods, Mount Washington and Duquesne Heights' population is a mix of single professionals, "empty nesters", and families who have lived in the neighborhoods for generations.

North Shore



Allegheny Center, North Shore, and Chateau sit just across the Sixth and Seventh Street Bridges north of Downtown, and are surrounded by Manchester, Allegheny West, Central Northside and East Allegheny. Here you'll find the shops and offices of Allegheny Center Mall, as well as the Allegheny Branch of the Carnegie Library and the Pittsburgh Children's Museum. The residents of these communities are mostly single professionals who choose the neighborhoods because of their convenience to shopping, cultural and recreational activities.

A desirable residential community in the days of the Pennsylvania Canal, the North Shore became primarily a commercial and industrial area with the construction of the railroad. Its position between the railroad lines and the Allegheny River brought an influx of factories and warehouses and promoted the conversion of many Greek Revival-style houses to mercantile and transient use. In 1903, Exposition Park at School Street and Shore Avenue was the site of the first baseball World Series, when Pittsburgh lost to Boston. Heinz Field and PNC Park stand on the North Shore today, a first step in the City's continuing revitalization of the neighborhood. A mainstay of the community's economy for many years, the east end of the North Shore is dominated by the historic H. J. Heinz Plant.

South Side

The South Side's East Carson Street Business District is one of the longest and most thriving neighborhood business districts in Pittsburgh. It features a plethora of unique retail shops, restaurants and bars and has developed into a booming arts and cultural community.

The South Side was once composed of a number of smaller communities including Birmingham and East Birmingham. Birmingham quickly became a sizable industrial center because of easy river transport and abundant coal supplies, and the South Side produced a number of major Pittsburgh businessmen.

The South Side of today reflects a rich history. The numerous churches stand representative of the area's varied ethnicity. Row houses dominate the South Side Flats, while more traditional homes are common on the South Side Slopes. Many homes on the Slopes offer spectacular views of Pittsburgh's skyline.

This neighborhood is a unique mix of residents—older neighbors whose families have lived on the same street for generations, and young families and single professionals attracted by the thriving arts and cultural offerings.

Strip District



The Strip District is definitely one of Pittsburgh's most unique and fun neighborhoods. It is located just east of Downtown and is surrounded by Polish Hill, Lawrenceville, and Bedford Dwellings. The main thoroughfares are Penn Ave. and Smallman St.

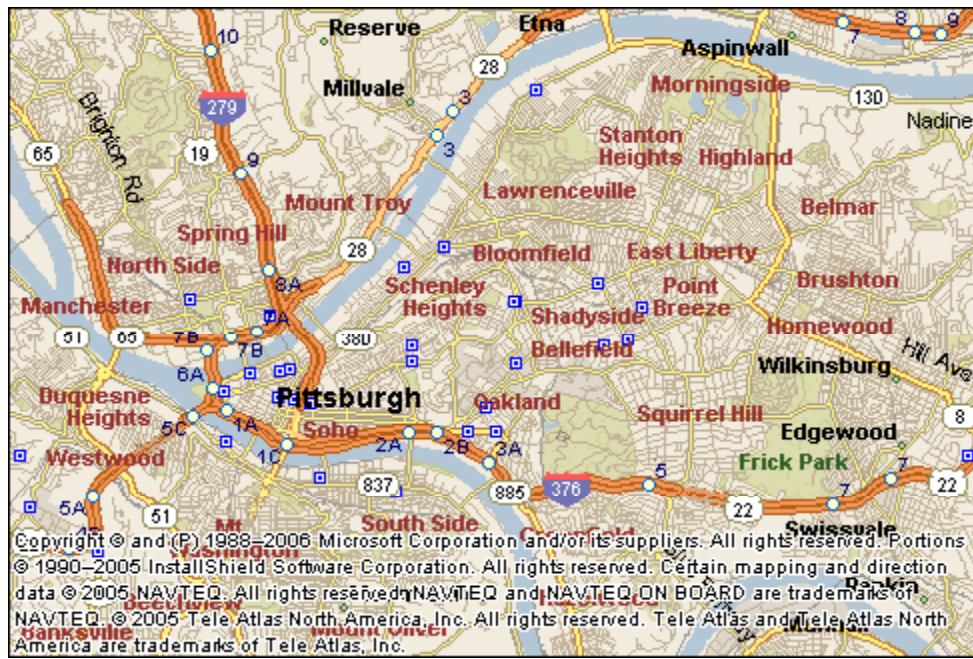
No doubt "the Strip," as people often refer to it, is a well-worn neighborhood that's got a ton of character. It's the kind of place that's seen hard use and can handle it. Comprised of old warehouses and factories, you can sense what the Strip must have been like in days gone by: rugged, hard-working and purposeful. At one time, the Strip teemed with immigrant workers and their families, but today not as many people live in the Strip. Instead, this neighborhood is bustling with all sorts of businesses—most notably in the food department!

The Strip is a fantastic place to shop for fresh, affordable produce, meat, poultry, fish and spices of all kinds—from Italian to Asian. Saturdays get packed—so get there early! People from all ethnic backgrounds and social classes can be found on the crowded sidewalks, squeezing between sidewalk sellers displaying their wares, and food vendors making made-to-order hot dogs. Sometimes you can see a game of bocce while joining in the ritual of Saturday afternoon shoppers searching for all your household needs along Penn Avenue.

The Strip is also dotted with a bustling nightlife that offers exotic food, drink and dancing. Whatever your musical tastes--from hard rock to disco to hip-hop—the Strip likely has something to suite your style!

A great interactive map of the Strip District is available at:
www.neighborsinthestrip.com/thestrip/walkingmap.html

FINDING HOUSING IN PITTSBURGH



In the previous section, we provided an overview of some of Pittsburgh's most popular neighborhoods. As we mentioned above, the three neighborhoods where the students most often take up residence are Squirrel Hill, Shadyside and Oakland, largely due to their proximity to campus.

In this section, we've included a list of real estate agencies and management companies gathered from a variety of sources. We do not specifically endorse any of the following, but rather are providing them as a starting point for you.

Online Resources

In addition to the individual companies listed below, you can try one of the following resources:

CMU Housing

CMU offers online community housing information and assistance at <http://www.housing.cmu.edu/CommunityHousing/>

Online Classifieds (also available in print)

Pittsburgh Post-Gazette: www.post-gazette.com

Pittsburgh Tribune-Review: www.pittsburghlive.com

Craig's List: www.pittsburgh.craigslist.com

HousingMaps.com: www.housingmaps.com

Rental Agencies/Real Estate Agencies

Amberson Apts./Meyers Management
412-682-5886

Apartments Unlimited
412-521-7838

A.R. Building Company
412-621-7411

Bates Hill
412-361-4643

Citiline Towers
412-391-1487

Continental Communities
412-464-8933

Donovan Real Estate
412-362-5530

The Fairfax
412-621-4030

Franklin West
412-661-1151

Glickman Real Estate
412-521-9555

Hanely Agency
412-422-7900

Harris Realty
412-521-7050

Herbert Halsband Properties
412-661-6622

Highland Plaza
412-361-4643

Howard Hanna
412-421-8782

H&P Associates

412-682-1519

JJ Land
412-363-1033

Kamin Real Estate
412-661-4456

Keller Williams Realty
412-831-3800

Kelly Realty
412-271-5550

Lobos Management
412-422-2300

McQuarters Realty
412-441-0820

Meyers Management
412-243-7120

Northwood Realty
412-521-5100

Sachs Management
412-421-2140

Saniel-Elkind Agency
412-421-7007

Sterling Land Management
412-682-5000

Treetops
412-421-7368

Union Real Estate
412-288-7800

Walnut Capital
412-683-3810

Zytnick Realty
412-422-1000

EVERYDAY LIVING IN PITTSBURGH

In this section, you'll find information on services and activities that you need in the course of an average day—from bus service to gyms.

Banks

Although the following list details some of the larger banks located in the East End, it is by no means a complete list. All of these banks issue 24-hour banking cards which may be used in ATM machines on and off campus to get cash. Hours vary slightly between banks, but most are open 9:00 a.m. to 4:00 p.m. Monday through Friday, and some banks have weekend and evening hours, as well.

Dollar Savings Bank:

5822 Forbes Ave., Squirrel Hill, 412-521-7031
6320 1/2 Shakespeare St., East Liberty, 412-362-7638

National City Bank:

4612 Forbes Ave., Oakland, 412-681-4200
Forbes and Murray Aves., Squirrel Hill, 412-644-8412
Walnut St., Shadyside, 412-363-3400

Citizen's Bank:

5th and Craig St., Oakland, 412-621-3344
Murray Ave. at Darlington, Squirrel Hill, 412-521-5542
ATMs located in most Giant Eagle Stores and on the Carnegie Mellon Campus in the UC

PNC:

4022 5th Ave., Oakland, 412-621-0300
5810 Forbes Ave., Squirrel Hill, 412-521-8800
4761 Liberty Ave., Bloomfield, 412-681-2111
Branch located on the Carnegie Mellon Campus in the UC and ATM in Posner Hall (Tepper Building)

Bus Service

Buses are the most popular (and most easily accessible) way to travel in Pittsburgh. The Port Authority of Allegheny County operates city buses. No matter where you are headed, there are likely one or more buses that will get you there. Bus schedules can be found in the CMU University Center across the Book Store Main Entrance.

Port Authority Contact Information: For detailed information on buses, routes, schedules and fares, visit the Port Authority Web site at www.ridegold.com or call 412-422-2000. To plan your trip, visit Google Transit to find out how to get from point A to point B using the Pittsburgh Busses <http://www.google.com/transit>

Fare Information: For CMU students with valid student IDs, the bus is free! Otherwise, fares range from \$2.00 - \$3.00 depending on how many zones you travel. Pre-paid unlimited-use weekly, monthly and annual passes are available for purchase at Giant Eagle.

Main Bus Routes:

Express Buses from Shadyside: The Busway, a buses-only access road which provides express service to Downtown, is a great amenity for Shadyside residents. The EBS and the EBA run frequently on the Busway and will take you to different areas around downtown.

Carnegie Mellon/Oakland to Airport and IKEA (Robinson Park Mall): 28X Flyer

Shadyside to Downtown: 71A, 71C, 71D, 500 and the 78C Shadyside Express, which runs past Ellsworth and offers quick, but limited trips Downtown.

Squirrel Hill and Carnegie Mellon to Downtown: 61A, 61B, 61C, 67C, 67J, and the W.

Oakland/Shadyside to Ross Park Mall: 12U, but only on weekends

Downtown to Century III Mall: 46G

Oakland/Carnegie Mellon/Squirrel Hill to Monroeville Mall: 67A

Oakland to Strip District and South Side: 54C

Oakland to Shadyside to the Zoo and Waterworks Mall: 500

Cab Information:

Yellow Cab: 412-665-8100
Peoples Cab: 412-681-3131
Checker Cab: 412-381-5600

Cable Service

The most widely used cable service provider in the area is COMCAST. In addition to cable, COMCAST offers high-speed Internet access and, in the past year, has also started offering phone service. For information on packages and prices, call Comcast at 1-888-COMCAST or visit www.comcast.com.

The same services are also available through Verizon. Verizon is also beginning to offer FiOS (fiber optic) cable, internet and phone services in some areas, which is supposed to be faster and less expensive than previous options. To check which services are offered in your area, call 1-800-660-2215 or visit: www.verizon.com

Dry Cleaners and Laundromats

EconoWash (Shadyside): 250 South Highland Ave.; 412-441-6744

Footer's Cleaners & Tailors (Squirrel Hill): 5864 Forbes Ave., 412-421-0400; Offers quick turn-around and tailoring. No student discount. Check the Clipper Magazine for coupons.

Four Seasons Dry Cleaners (Squirrel Hill): 1716 Murray Ave. (near corner of Forbes), 412-420-5075; Relatively reasonable dry cleaners. Offers 10% discount to students on dry cleaning (not laundry – i.e., dress shirts). Must show ID when dropping off clothes! Check the Clipper Magazine for coupons.

Giant Eagle Waterfront and Giant Eagle Waterworks: Both of these Giant Eagle locations offer reasonably priced dry-cleaning service. Definitely convenient!

Hohman's (Point Breeze): 6732 Reynolds, 412-361-0424; reasonable prices

The Laundry Factory (Shadyside): 5859 Ellsworth Ave. (at College St.); 412-361-1200

Northumberland Cleaners (Squirrel Hill): 5876 Northumberland St.; 412-421-1896

Electricity & Gas Service

Setting up service:

To establish electric and gas service, you must call the local company which provides service in your area. Your landlord/management company can provide this information.

If you do not have a credit rating in the United States, you will be asked to visit the utility company's office and bring two forms of identification (one with a photo), as well as a copy of your lease. You may also need to provide the telephone number of your current residence.

Electric Companies:

Duquesne Light Company: 888-393-7100

Allegheny Power Company: 800-255-3443

Gas Companies:

Equitable Gas Company: 412-395-3050

Peoples Natural Gas Company: 412-244-2500

Fitness Centers/Gyms

CMU/University Center: Students (with a valid student ID) can use the University Center (UC) athletic facilities for free, as can partners (once they've obtained a \$10 Carnegie Mellon Partner ID). The UC offers a huge pool, squash and racquetball courts, and a weight room with cardio equipment.

CMU also offers kickboxing, step and spinning classes, along with pilates and yoga. To participate in classes, you must purchase a class card at the UC's fitness desk, just outside of the locker rooms. Each class is worth one or more punches from your card. A \$20 card = 20 punches; a little better value, the \$40 card = 43 punches.

Both students and partners can rent a locker for the year, and there is also laundry service available.

Here are some of the other gyms located around the city:

Amazing Yoga (Shadyside, South Side-coming soon): 5823 Ellsworth Ave. 412-661-1525; Power yoga in a 90 degree room.

Club One (East Liberty): 6325 Penn Ave., 412-362-4806. A little pricy, but membership also includes pool access and group classes.

Curves for Women (Squirrel Hill): 1701 Murray Ave. (corner of Forbes and Murray); 412-421-4400; Features 30-minute circuit work-out at women only gym.

Fitness Factory (Shadyside): 212 Highland Ave., 412-362-6303. Week/month/3mo/6mo/1 year options, pay up front so no contracts. Neighborhood gym with friendly staff.

Jewish Community Center (Squirrel Hill): 5738 Forbes Ave.; 412-521-8010; Large facility with pool, racquetball/handball courts, group classes, weight room. Membership required for regular use, but single-use passes available. Extra charge for certain classes regardless of membership status.

Schoolhouse Yoga (Squirrel Hill): 2010 Murray Avenue; 412-401-4444; Variety of classes from beginners to advanced, great instructors, reasonably priced, additional location in Lawrenceville.
www.schoolhouseyoga.com

X-Shadyside (Shadyside): 5608 Walnut St., 412-363-9999

YMCA of Pittsburgh: 330 Boulevard of the Allies, 412-227-6457

Grocery Stores

Giant Eagle is the monopoly grocery chain in Pittsburgh. They offer a free program called "fuel perks". When you use your Giant Eagle card, you earn discounts on gas at Get Go stations. There are dozens upon dozens of locations. However, if you have a car and the time, it's worth the effort to drive to Giant Eagle at the Waterfront or at the Waterworks, the two best and biggest locations. **(See "Shopping in Pittsburgh" section for more details on the Waterfront and Waterworks.)**

Giant Eagle/Squirrel Hill: 1901 Murray Ave., 412-421-2896; Small store with limited selection, parking in rear.

Giant Eagle: 6320 Shakespeare St. 412-361-6220; Relatively small grocery and limited selection. Entrance on Shady Ave.

Giant Eagle Market District: 5550 Centre Ave., 412-681-1500; Very large grocery store with a café, Kosher Deli, and a large array of organic and international foods. Two level underground parking garage with entrances on Centre Ave. and Negley Ave.

Pranti's Bakery: 5525 Walnut St., 412-621-2092; Phenomenal, reasonably priced bakery with wide variety of sweet treats. The burnt almond torte is their specialty.

Shadyside Market & Deli: 5414 Walnut St., 412-682-5470; Upscale & expensive specialty items, good deli.

Trader Joe's: 6343 Penn Ave., 412-363-5748; Technically in East Liberty, but walking distance from north-west Shadyside. Located in between Club One and Bakers Square (currently under construction). Specialty imports and unique foods. The only Trader Joe's in Pittsburgh!

Whole Foods: 5880 Centre Ave., 412-441-7960; Also technically in East Liberty, but close to Shadyside. On a student budget, Whole Foods can be expensive, but often is worth the expense! Whole Foods offers a tremendous selection of organic fruits and vegetables, a huge fish/seafood counter, bakery and plenty of other health/healthy foods. Also carries many prepared take-out foods.

Specialty Food Stores/Markets

There is a large number of international food markets throughout the city, with the majority located in the Strip District. Saturdays in "the Strip" are absolutely packed. If you can, go during the week. Otherwise, head down there early on Saturday. *Note: Many of the Italian markets are closed on Sunday, and few places have evening hours.*

Here are just a few markets in Strip to whet your appetite:

Alex's International Market: 2020 Smallman St.; Eastern European & Russian imported specialties

Jimmy and Nino Sunseri: 1906 Penn Ave., 412-255-1100; Great Italian imported foods.

Kohli's Indian Grocer: 319 S. Craig St., 412-621-1800; Decent selection of Indian foods and spices. Also has take-out for lunch.

Lotus Noodle Company: 1649 Penn Ave.; Complete Asian grocer.

Mon Aimee Chocolat: 2101 Penn Ave., 412-395-0022; If you are a chocolate lover, do not miss this place! Truly exceptional artisanal & imported chocolates. Check out the hot chocolate bar!

Pennsylvania Macaroni Company: 2010 Penn Ave., 412-471-8330, www.pennmac.com; Huge market featuring excellent selection of Italian food products, meats and cheeses. It's the best!

Penzeys Spices: 412-434-0570 ; Outstanding variety of quality herbs, spices and flavorings

Reyna Foods: 2023 Penn Ave.; Mexican imports from specialty salsas to empanadas to piñatas.

Salonika Imports: 3501 Smallman St.; Small shop featuring Greek & Bulgarian foods.

Stamoolis Bros: 2020 Penn Ave.; Greek imported foods and spices.

Wholey's Meat and Seafood (Pronounced "Wooly's"): 1501 Penn Ave.; Full-range grocery store, but most widely known for its huge selection of fresh seafood. Prices are very reasonable.

Specialty Food Stores in other Neighborhoods:

Donatelli's Italian Food Center (Lawrenceville): 4711 Liberty Ave., 412-682-1406

East End Food Co-op (Point Breeze): 7516 Meade St., 412-242-3598, organic and other health foods and vitamins, www.eastendfoodcoop.com;

Murray Avenue Kosher (Squirrel Hill): 1916 Murray Ave.

Shadyside Market & Deli: 5414 Walnut St., 412-682-5470; Upscale & expensive specialty items, good deli.

Pittsburgh Farmer's Market: Various locations throughout the city; 412-422-6523; Purchase farm-fresh fruits, vegetables, meats, cheeses and baked goods at a reasonable price. Some locations have floral sales, small gifts and gardening items, too. Runs mid-May through Thanksgiving and rotates each day to a different neighborhood:

Monday – East Liberty;

Tuesday – South Side;

Thursday – Highland Park;

Friday – Downtown and North Side.

Telephone Service

Setting up service:

In order to get telephone service in Pittsburgh, you must contact Verizon 1-800-660-2215 (within PA) or 1-800-840-5503 (outside PA).

You may be required to pay a security deposit before your service begins. This deposit will be refunded with interest after one year if bills are paid promptly. If the phone is disconnected before one year, the deposit will be applied to the final bill. If there is a balance remaining on your account, it will be mailed to you.

If your home already has a telephone jack, there will be a one-time charge to connect the telephone line. Otherwise, there will be an additional installation charge. This fee appears on the first bill. You may also arrange to pay the connection charges in three or six monthly installments without incurring any finance charges.

Taxes

If you are employed and live within the city limits, be prepared to pay various city taxes, and file an annual return. For more information about the annual return visit www.city.pittsburgh.pa.us/finance

Voting

Voter registration forms are available online at www.votespa.com; or, you can register to vote when applying for a Pennsylvania driver's license at a Department of Transportation photo license center.

DEALING WITH YOUR CAR IN PITTSBURGH

We decided to assign "car matters" their very own section, as it really can be a pain to deal with—particularly when you first move here!

Getting your Car Registered in Pennsylvania

Title Transfer/Registration:

Pennsylvania has privatized this service, and many people use AAA to handle the transfer of their cars. The title transfer fee is around \$80. However, AAA does offer some type of discount if you transfer the title and become a member at the same time. The best location is: 5900 Baum Blvd., 412-363-5100. Be prepared to wait.

What you'll need to bring: the current title and proof of car insurance, as well as verification of the VIN number by a repair shop. Almost any repair shop can do this for you. Make sure you have all three of these items with you, or you will have to make another trip!

If you lease your car or do not have the title: You will have to make two trips to AAA to get your new license plates. On the first visit, be prepared and bring the lender's name, address, phone and fax numbers. AAA will then request the title from the lender. Once AAA receives the title, you'll return a second time to finish the paperwork. If the car is in someone else's name (a parent, etc.) you will need to get Power of Attorney. AAA can provide you with the necessary forms.

State Inspection: You have ten days from the time you register your car to get a state inspection. Many local gas stations and automotive shops are certified to inspect your car. You have to get a safety inspection as well as an emissions inspection, and you must bring your registration and proof of insurance with you. *Note: If you get pulled over and do not have the proper inspection stickers on your car, there is a hefty fine!*

Beware: Some stations will find "extra" problems during state inspections to make more money through unnecessary repairs. If you feel your car is in good shape and the inspector recommends many expensive repairs, try getting an inspection at a dealer or a second shop.

Additional Information: Pennsylvania's Department of Motor Vehicles (DMV) is under the auspices of the Pennsylvania Department of Transportation (or PENNDOT). Visit <http://www.dmv.state.pa.us/> for detailed information about registering your car in Pennsylvania.

Getting a Pennsylvania Driver's License

Getting a driver's license in Pennsylvania can be a pain. There are many forms you need, and depending on when you arrive at the license center, it can be a long wait. The best place to get your license is the DMV location in Penn Hills. *Note: All centers cannot handle new driver's licenses. Some are set up only for renewals!*

What you'll need to bring:

1. At least two utility bills in your name. For simplicity sake, try to have half the utility bills in your name and half in your partner's name, especially if your last names are different.
2. Current driver's license
3. Social Security Card (cannot be laminated)
4. Passport or Birth Certificate (And Marriage License if documents are not in your married name)
5. A check to pay for the services

For more information: Again, visit <http://www.dmv.state.pa.us/> for detailed information about getting a driver's license, including documentation you'll need, associated costs and center addresses and phone numbers.

Parking

Meter Parking

ALWAYS CARRY QUARTERS FOR PARKING, rarely will you find free parking. You will be ticketed if you let the meter run out, and this is an \$11.00 to \$16.00 fine.

Pay Station

In many parking lots you will find a central pay station, rather than meters. You can pay with change or credit card; and once you've paid, the machine will dispense a ticket for you to display on your dashboard.

Residential Parking Permit Program

Obey all posted parking signs. Some streets in Squirrel Hill, Shadyside and other neighborhoods require parking permits. The permits cost \$20 - \$30 per year per vehicle, and a visitor's pass costs \$1.00 per year per household. (Fees are subject to change.)

Individuals who have cars with permits are permitted to park anywhere in the Program area all day and night. Those without a permit may park in these areas only for a limited amount of time, which may be no more than a two-hour period. Restrictions are usually during daylight hours only.

Anyone who can (1) prove that they live in the area requiring a permit and (2) can prove that they use a motor vehicle are entitled to a permit. Every household in the Program is permitted to have one visitor's pass, which carries the same rights as a permit but cannot be used for one vehicle more than five consecutive days or for a resident's own vehicle.

For more information: about the neighborhoods requiring a permit, and how to get one, call the Residential Parking Permit Program Office at **412-255-2102** or visit the Web site at http://www.city.pittsburgh.pa.us/pghparkingauthority/html/residential_parking.html

Car Repairs

The **Exxon Gas Station** on Forbes Ave., (right near CMU's campus) has a great service department and the prices are quite reasonable.

Other good shops:

Baum Blvd. Automotive: 412-682-1866

Bellisario's Automotive: 3529 Boulevard of the Allies, 412-687-6750

Bellisario's Auto Body: 3750 Childs, 412-687-9258

Liotus & Winter Auto Body: 1735 Prospect Rd., (412) 885-8787

Walter's Automotive: 5775 Baum Blvd., 412-363-1000

Car Washes

Auto Bath House: 145 Wyngate Dr., Monroeville, 412-372-7101

Instant Car Wash: 5940 Penn Circle South, 412-441-6000

Sunoco: Corner of Morewood Ave. & Baum Blvd., \$5 with purchase of gas

GETTING HEALTHCARE IN PITTSBURGH

The following list of Doctors and Dentists have been recommended by past and current partners.

Name	Location	Number	Notes
PRIMARY CARE PRACTITIONER			
Dr. Rachel Hess	UPMC Shadyside	412-623-2458	
Dr. Susan Freedman	580 S. Aiken Suite 310	412-687-5172	
Dr. Chris Allen	580 S. Aiken	412-687-5040	
Dr. Ya'aqov Abrams	Squirrel Hill	412-422-UPMC	
Drs. Berne, Steckel, Wein, Organist	5140 Liberty Ave	412-682-4567	
Drs. Clark and Sealey	West Penn Medical	412-621-3844	
Drs. Kokales, Spinola, Pierce	120 Lytton Ave.	412-647-4567	Oakland (University Center)
Dr. Michael Finikiotis	5830 Ellsworth Avenue	412-361-4001	
West Penn Family Practice	5889 Forbes, Suite 220	412-421-3500	At corner of Shady
Drs. Theon and Kridgen	Oakland – Magee Hospital	412-687-1300	
Dr. Mariola Jozwiak	193 43 rd St., Lawrenceville	412-621-5227	Highly Recommended by several partners

OB/GYN			
Dr. Dean Pollack	Shadyside	412-521-1660	
Dr. Mary Paulone	1515 Locust Street	412-232-7719	
Drs. Soffronoff, Krupski, Noh	Oakland	412-641-6223	
Dr. Rutman	Shadyside	412-687-6687	
Dr. Poudous	Shadyside	412-621-0111	
Dr. Zenaida Rosado	Bldg. 1, 1000 Mine Road Suite 210	412-722-0055	
Dr. Eric Miller	Shadyside	412-623-2287	
Greater Pittsburgh OB/GYN	Wexford, Green Tree, West Mifflin, Bethel Park	412-920-8124	

PEDIATRICIAN			
Pediatric Associates	5140 Liberty Avenue	412-683-6700	
Dr. Kim Ogle	4615 Forbes Avenue	412-683-5534	
Dr. Douglas Stewart	CCP Pittsburgh Peds 4923 Centre Ave.	412-681-1050	
Bass-Wolfson Pediatrics Dr. Breck or Dr. Voight	5608 Wilkins Ave.	412-422-3590	Highly recommended!

OTHER SPECIALTIES			
Dr. Fireman (UPMC Allergist)	3705 Fifth Avenue (Children's Hospital)	412-692-5930	Excellent, can pick up where you left off treatment-wide, against unnecessary testing
Dr. Scott Recalde (male internist)	4381 Murray Ave.	412-521-2857	

DENTISTS

Dr. Ed Koreneman	Squirrel Hill	412-422-5150	
Shadyside Smiles (Dr. Christina Schmeler)	728 Copeland	412-683-3304	
Dr. Joseph Certo	11979 Frankstown Road	412-795-9470	
Dr. B. Parker	6301 Shady Avenue	412-422-5959	Nice staff, very good with children
Dr. Digregorio	620 Negley Ave. (Shadyside Place Building)	412 621-5353	Wonderful!
Dr. Bonsteel	Chestnut Hills Dental 5889 Forbes Ave.	412-521-4300	Very nice and does very thorough work!

Hospitals

UPMC (University of Pittsburgh Medical Center) is the largest health system in the area. Many of the city's hospitals and clinics are affiliated with UPMC. For additional information and links to specific UPMC hospitals, please visit www.upmc.com.

Following is a list of UPMC-related hospitals as well as hospitals affiliated with other health systems:

Allegheny General Hospital

320 E. North Ave., North Side, 412-359-3131, www.allhealth.edu (part of West Penn Allegheny Health System)

General medical/surgical; Life-Flight Trauma Center; cancer services; cardiac care; magnetic resonance imaging center; hospice and home care

Mercy Hospital

1400 Locust St., near Duquesne University, 412-232-8112, www.mercylink.org (part of UPMC)

General medical/surgical, pediatrics, level one trauma center, burn unit, neonatal intensive care unit, pastoral services

UPMC - Central Medical Health Service

1200 Center Ave., Uptown, 412-562-3324

General medical/surgical

UPMC - Children's Hospital of Pittsburgh

3705 Fifth Ave., Oakland, 412-692-5325

General children's hospital; Poison Control Center; organ transplant program; referral center for Western Pennsylvania. If you have children, this is probably the best place to take them in an emergency. Many pediatricians are affiliated with this hospital.

UPMC - Eye and Ear Hospital

230 Lothrop St., Oakland

Eye, ear, nose and throat care

UPMC - Forbes Health System

Includes several units each specializing in one or more areas such as pediatrics, gerontology, family care, skilled nursing, and long-term care for the terminally ill

UPMC - Magee-Women's Hospital

300 Halket St., Oakland, 412-641-1000

Specializes in women's health care. gynecology, obstetrics, neonatology, neonatal intensive care unit; in vitro fertilization. Most of the babies born in Pittsburgh are born at Magee.

UPMC - Presbyterian Hospital

1200 Lothrop St., Oakland, 412-647-3000

Adult medical/surgical; transplant center; regional referral center

UPMC - St. Francis General Hospital

1200 Centre Avenue , 412-562-3000

General medical/surgical; drug and alcohol abuse clinic; psychiatric

UPMC - Shadyside Hospital

5230 Centre Avenue, Shadyside, 412-623-2121

General medical/surgical

Western Pennsylvania (West Penn) Hospital

4800 Friendship Avenue, Bloomfield, 412-578-5000, www.allhealth.edu (part of West Penn Allegheny Health System)

General medical/surgical; burn-trauma center; neonatal intensive care; cancer treatment; cardiology

BRINGING CHILDREN TO PITTSBURGH

Pittsburgh offers many fun and educational opportunities for children. In this section, we've tried to give you an idea of just some of those offerings. You also might want to pick up a copy of **Pittsburgh Parent** magazine, free at local stores like Barnes & Noble or visit the website at www.pittsburghparent.com, for all sorts of local parenting-related information.

Childcare Support

Carnegie Mellon offers an online resource for graduate school parents, providing information to assist students with children to find child care services: <http://www.andrew.cmu.edu/~jsteffan/childcare/>

Classes (Music, Art, Etc.)

Kindermusik: Several local Kindermusik educators - find names and contact information at www.kindermusik.com; In a Kindermusik class, educators lead a group of parents and their children through joyful activities, using music and movement. Parents learn more about their child's unique developmental process, and the shared learning experience creates a unique bond as the child associates learning with fun, musical play.

Music Together for Creative Young Spirits: Squirrel Hill and Oakland, 412-422-2012, www.musictogether.com; Infants, toddlers and preschoolers, with their parents/caregivers, experience music and movement together in this research-based, nationally recognized program.

Gymkhana Gymnastics School: 7501 Penn Ave., Wilkinsburg, 412-247-4100 or 412-247-4800, www.gymkhanafun.com

Gymboree Play & Music: 412-829-2530 (Fox Chapel); 412-856-8771 (Monroeville)

Pittsburgh Center for the Arts (located in Mellon Park): Corner of Fifth and Shady Aves., 412-361-0873, www.pittsburgharts.org; Offers art classes and workshops (for children and adults).

Carnegie Library of Pittsburgh – Squirrel Hill Branch: 5801 Forbes Ave., Main number: 412-422-9650 or Children's Room: 412-422-9841, www.clpgh.org; Offers origami classes (for children and adults), as well as additional programs, such as Storytime.

Mommy and Me: Congregation Beth Shalom, Squirrel Hill, 5915 Beacon St., 412-421-2288; Open to all faiths. Music and toys for kids 0-2 years of age.

Jewish Community Center: 5738 Forbes Ave., Squirrel Hill, 412-521-8010; Great room for parents and children under 3 to play. Swimming classes, day care and preschool classes.

Education/Schools

Pittsburgh Parent magazine provides a list and description of local education programs and institutions. Visit www.pittsburghparent.com; under "Family Resources" you'll find the Education Guide.

In addition, the following Web site offers extensive information on Pittsburgh schools: <http://pittsburgh.wpxi.com/homes/schools/index.html>

Finally, the Pittsburgh Public School District website is: <http://www.pghboe.net>

Preschools

Again, visit the ***Pittsburgh Parent*** website (above) to find extensive information on preschools. Here are a few recommendations:

Shadyside Presbyterian Church Nursery School: 5121 Westminster Place, 412-681-6311

Carriage House Children's Center: 5604 Solway Street, 412-421-0300

Jewish Community Center: 5738 Forbes Ave., Squirrel Hill, 412-521-8010

CMU Childrens School: 5000 Forbes Ave.

Cyert Center – Early Education: 1060 Morewood Ave., 412-268-2149

Calvary Episcopal: 315 Shady Ave., 412-661-3025

Arsenal Family & Children's: 336 S. Aiken Ave., 412-345-0008

Shady Lane School: 100 N. Braddock Ave., 412-243-4040

Milestones Child Care Center: 319 S. Lang Ave., 412-371-7922

Waldorf School of Pittsburgh: 201 S. Winebiddle St., 412-441-5792

Homewood Montessori School: 7109 Hermitage St., 412-247-7880

Kentucky Avenue School: 5701 5th Ave., 412-361-5332

Play Centers

Pittsburgh Toy Lending Library

First United Methodist Church/Corner of S. Aiken and Centre Aves., Shadyside, 412-682-4430; 1st visit is free, \$4.00 per child per visit; Membership = \$30-40/year with 2-4 volunteer hours a month; Non-volunteer membership = \$60/year

Center for Creative Play

1400 S. Braddock Ave., Regent Square, 412-371-1668; \$5.00 per child per visit; Discount passes available; Membership = \$100/year

Dino Kingdom

Parkway Center Mall, Greentree, 412-922-DINO (3466); Call for fees and membership information

Pittsburgh Family Coop

\$30 to join; Mom groups twice a week, Mom's night out, book club, family nights, etc.

Outings/Activities

Carnegie Museums (various locations)

Visit www.carnegiemuseums.org for detailed information and links to all of the Carnegie Museums.

Family Pass: You can purchase an affordable family package (\$175/year) that entitles you to privileges at all four Carnegie Museums—Carnegie Museum of Art, Carnegie Museum of Natural History, Carnegie Science Center (& Rangos OMNIMAX® Theater) and the Andy Warhol Museum. This pass also gives you the ability to bring friends/visitors along for the whole year. If you're a member, you can sign kids up for neat classes and sleepovers, too. *Keep in mind: CMU students with valid student ID get in free to Carnegie Museums!*

Current parents give the museums rave reviews for their kid-oriented activities, including:

Carnegie Science Center: Awesome play area for toddlers. "Little climb" wall; huge water station complete with smocks; musical experiences, etc. It is incredibly clean and well-supervised.

Carnegie Museum of Art: Offers family-oriented activities free of charge to get little ones interested in the arts and actively involved in visits

Carnegie Museum of Natural History: Has a nice (albeit somewhat outdated) Exploration Room (on the bottom floor—ask for directions) with lots of interactive displays. Nice volunteers who interact well with the kids.

Pittsburgh Zoo and PPG Aquarium: (Highland Park), 412-665-3640, <http://zoo.pgh.pa.us/>; 77 acres of park includes Kid Kingdom and an aquarium; Cost-effective membership available.

Phipps Conservatory and Botanical Gardens: One Schenley Park, 412-622-6914, <http://www.phipps.conservatory.org>; Botanical garden with rotating flowers and exhibits such as the Butterfly Garden and the Model Train Town. Offers several membership packages.; CMU students get in for free! CMU students can access wireless network from here. So, it's a good place to meet Dad/Mom for an afternoon visit or picnic. *Note: Closed on Mondays.*

Pittsburgh Children's Museum: 10 Children's Way, 412.322.5058, Press #8, www.pittsburghkids.org; Interactive exhibits relating to human physical and emotional development. Designed for kids up to age 12, but Adults love it too! Adults: \$9.00, Children: \$8.00, Thursdays: all admissions \$7.00

Parks and Playground

Pittsburgh boasts excellent urban parks that are easily accessible and afford children a number of recreational opportunities. There are also family-oriented events scheduled throughout the year at various city parks. To find specific information please visit <http://www.city.pittsburgh.pa.us/parks/>.

HAVING A PET IN PITTSBURGH

Pet license

You must apply for a pet license within 3 days of residing in Pittsburgh. The fee is nominal. To get the necessary forms, visit www.city.pittsburgh.pa.us/finance/html/dog_license_application.html

Dog Parks

Upper Frick Park

Fully fenced 1 acre park about a 10 minute walk from the main entrance.

Lower Frick Park

There are two partially fenced areas along Tranquil Trail. The second area includes a swimming hole. For more specific information and directions, visit <http://www.city.pittsburgh.pa.us/parks/>.

Dog Walkers

Janet Goggin/George Fitch "Pet Sitting by George"

412-461-6692

Noah's Ark Pet Sitting Services

412-855-4312

Pet Sit Pgh

Denise Lohr – 412-956-0787, www.petsitpgh.com

Groomers

Dirty Hairy's, (self-serve dog wash & grooming)

415 Gettysburg Ave. (Point Breeze)

412-362-8878

www.pghdogwash.com

Joann Aurand, Good Dog Pet Grooming

4048 Beechwood Blvd.

412-421-2480

Kennels

Airy Pines

931 Old Frankstown Road

724-733-2242

Golden Bone Pet Resort

6890 Fifth Ave. (Point Breeze)

412-661-7001

Veterinarians

Greenfield Veterinary Hospital

Sean Winnie, D.V.M.

611 Greenfield Avenue, 412-422-7755

Dr. Winnie is very thorough and take the time to answer all of your questions. Staff is also very helpful.

Dr. Rambon is very kind and gentle and she is also very thorough.

Met Vet

West: 5309 Campbell's Run Rd, 412-788-6400

South: 560 McNeilly Rd, 412-344-6888

Met Vet locations are open 8:00 a.m. through midnight for routine and emergency care. Overnight care is provided by veterinary technicians. There are several vets on staff, including Dr. Beth Smyers, wife of a Tepper graduate. Met Vet also treats exotics (birds, ferrets, reptiles, etc.). Recommendation for exotics: Dr. Hisham Ibrahim.

Point Breeze Veterinary

412-665-1810

The staff and Dr. Garson are tremendous.

VCA Shadyside Animal Hospital

235 Shadyside Ave., 412-661-5221

Banfield the Pet Hospital

Located inside Pet Smart

3739 William Penn Hwy, Monroeville, 15146

412-856-3060

Very clean and organized office; staff are very helpful and friendly. More weekend hours than some of the other vet clinics; emergency procedures are more affordable than other emergency vet clinics.

RESOURCES FOR INTERNATIONAL STUDENTS

International Women's Association of Pittsburgh (IWAP):

Several international partners belong to (and highly recommend!) IWAP. This organization aims to develop understanding and appreciation among women of different nations and cultures, and to assist them in learning about and enjoying their stay in Pittsburgh and the United States.

One of the main activities is the Thursday morning program. From September through May, 50 or 60 members representing 20 to 30 different nations meet on Thursdays for an informal morning of social and cultural exchange and educational enrichment. Babysitting is provided for a small charge. Topics usually center on world customs and cultures including American holidays and crafts, international days, weddings around the world, American folk dancing, musical concerts and practical information about education, medical care, transportation, etc.

In addition to the weekly Thursday meeting, other IWAP classes and activities include English conversation, American and international cooking, American and international crafts, field trips and an annual international dinner.

Membership: There is a nominal fee of \$15 per year to cover program-related expenses. The best way to join IWAP is simply to show up at one of the Thursday morning meetings.

When/Where: The Thursday morning meetings begin at 9:30 a.m., and are held at the First Baptist Church in Oakland, which is located at 159 North Bellefield Avenue across from the School for the Blind on the corner of Bayard and Bellefield Streets. (*Note: While a church building serves as the meeting place, IWAP has no religious affiliation.*)

For more information: Visit www.iwap.tk

Pittsburgh Council for International Visitors (PCVI):

PCVI brings international visitors to Pittsburgh together during Saturday activities, such as field trips, ice skating and potluck dinners. PCVI also offers many free tickets for various concerts around the region, including to the Pittsburgh Symphony. In addition, the organization provides information on local volunteer opportunities.

For more information: Visit www.pcvl.org. The members of PCIV also run their own website at <http://groups.msn.com/PCIVfriends/welcome.msnw>.

Global Pittsburgh:

412-281-7970, www.globalpittsburgh.org; A collaborative initiative to introduce people to the international character of the Pittsburgh region.

English Classes:

Following is a link on Carnegie Library's website to a list of organizations offering English classes: <http://www.carnegielibrary.org/subject/education/esl.html>

Berlitz offers personalized language training:
<http://berlitz.us/web/html/locations.aspx?idLanguageCenter=52>

Miscellaneous:

www.pittsburghindian.com

Goal: to give access to information about all Indian resources in Pittsburgh.

WORSHIPPING IN PITTSBURGH

While Pittsburgh offers numerous places of worship, following is a list of some that are frequented by current and past Tepper School of Business students and their families.

Catholic

St. Paul Cathedral: Fifth Ave., Oakland, 412-621-4951

Sacred Heart Church: 310 Shady Ave., Shadyside, 412-661-0187

St. Joseph: 4712 Liberty Ave., Bloomfield, 412-682-2354

Immaculate Conception: Friendship Ave., Bloomfield

St. Bede: 509 S. Dallas, Ave., Point Breeze, 412-661-7222

Roman Catholic Diocese of Pittsburgh: Visit www.diopitt.org for a complete listing of all Catholic churches in Pittsburgh area and other useful information.

Mormon

Church of Jesus Christ of Latter Day Saints: 236 N. Dithridge St., 412-802-6086

Presbyterian

Shadyside Presbyterian: 5121 Westminster Place, Shadyside, 412-682-4300

Third Presbyterian: Fifth Ave. and South Negley, 412-661-4710

Bellefield Presbyterian Church: 4001 Fifth Ave., www.bellefield.org

Episcopal

Church of the Ascension: 4729 Ellsworth Ave., Oakland, 412-621-4361

Calvary Episcopal: 315 Shady Ave., Shadyside, 412-661-0120

Greek Orthodox

St Nicholas Greek Orthodox Cathedral: 419 S. Dithridge St., 412-682-3866

Hindu

Jain Temple: Monroeville

Sri Venkateswara: 1230 S. McCully Dr., Penn Hills, 412-372-9863 or 412-373-3380

Jewish

Rodef Shalom (Reform): 4905 Fifth Avenue, 412-621-6566

Beth Shalom (Conservative): 5915 Beacon St., 412-421-2288

Poalel Zedek (Modern Orthodox): 6318 Phillips Ave, 412-421-9786

Methodist

First United Methodist: Centre & S. Aiken Ave., Shadyside, 412-681-4222

Calvary United Methodist, North Side

Non-Denominational

North Way Christian Community: 12121 Perry Highway, Wexford, 724-935-6800 or 724-935-0680, www.northway.org

North Way Oakland: 120 McKee Place, Pittsburgh, 15213, 724-935-6803, www.northwayoakland.org

New Church of Pittsburgh: (Point Breeze) 299 Le Roi Road, 412-731-0122, practical/modern Christianity

Brownhill Bible Chapel: 3349 Beechwood Blvd., Pittsburgh 15217, 412-421-2807
www.brownhillbiblechapel.com

Baptist

Mt. Ararat Baptist Church: 271 Paulson Avenue, East Liberty, 412-441-1800

Central Baptist Church: 2220 Wylie Avenue, Hill District, 412-566-1437

Macedonia Baptist Church: 2210 Bedford Avenue, Hill District, 412-281-8437

African Methodist Episcopal (AME)**St James AME:** 444 Lincoln Avenue, East Liberty, 412-441-9706**Homewood AMEZ:** 724 Homewood Avenue, Homewood, 412-371-6521**Unitarian Universalist****First Unitarian Church of Pittsburgh:** 605 Morewood Ave., Shadyside, 412-621-8008www.first-unitarian-pgh.org**Allegheny Unitarian Universalist Church:** 1110 Resaca Place, 412-322-4261www.alleghenyuu.org**VOLUNTEERING IN PITTSBURGH**

Organizations

Women's Center and Shelter of Greater Pittsburgh: 412-687-8005**The Caring Place, A Center for Grieving Children, Adolescents and their Families:**
1-888-224-4673**Greater Pittsburgh Community Food Bank:** 412-460-FOOD**Big Brothers/Big Sisters:** www.bbbspittsburgh.org

Volunteering Resources

Carnegie Library of Pittsburgh: www.carnegielibrary.org/subject/employment/volunteering.html**Charity Events:** Check out www.pghevents.com for a comprehensive list of upcoming charitable events around the region.**Pennsylvania Association for Volunteerism:** www.pavolunteer.org; Promotes and strengthens volunteerism in Pennsylvania. State-wide organization provides opportunities for education, growth, and leadership, and serves as a hub for networking volunteers and administrators of volunteer programs.**Pittsburgh Cares:** www.pittsburghcares.org; Offers a broad menu of activities, convenient scheduling and flexible commitment levels for those seeking to volunteer in Pittsburgh.**United Way:** www.unitedwaypittsburgh.org**DINING OUT IN PITTSBURGH**

Reflecting its diverse composition and roots, Pittsburgh has a plethora of dining options—from delectable upscale restaurants and fantastic greasy spoon “institutions” to nationally known restaurant chains and family-run ethnic gems. In this section, we’ve included a list not only of our favorite restaurants, but also of related businesses such as coffeeshouses; bakeries, ice cream and candy shops; and bars and nightclubs.

Dining/Entertainment Web Sites

There are some excellent websites where you can search for detailed information on Pittsburgh-area restaurants. Some of the more useful are:

www.pghcitypaper.com: this is the web site for the weekly alternative paper, has searchable restaurant directory and extensive list of what's going on in and around the Steel City

<http://pittsburgh.citysearch.com>: If you're unfamiliar with CitySearch, it's a fabulous resource for finding all sorts of entertainment-related information on cities across the country. In addition to providing descriptions and reviews, the site also offers great annual "Best of" lists in a variety of categories for each city.


www.downtownpittsburgh.com; a great resource for all sorts of information about visiting the city's Downtown area, including a list of dining options.

www.pittsburgh.com

www.pittsburghlive.com

www.studentguidetopittsburgh.com/main.htm

Restaurants (by cuisine)

 **Indicates restaurants where you can BYOB (Bring Your Own Beverage - Wine or Beer).** Restaurants normally charge a minimal corkage or per/glass fee. Despite the fee, though, BYOB usually is a much more affordable (and desirable) option—particularly on a student budget!

African

Safari: 2031 Penn Ave., Strip District, 412-281-4190; Multi-nation African sampler plates. Open late.

Abay: 130 S. Highland Ave., Pittsburgh 15206, 412-661-9736; Ethiopian cuisine – excellent.

American

Bar Louie: Station Square., South Side, 412-394-0500; and The Waterfront, Homestead, 412-462-6400; Good bar food.

Café at the Frick (The): Frick Art & Historical Center, 7227 Reynolds Street, Point Breeze, 412-371-0600; Offers traditional afternoon tea daily in pretty setting. Also serves lunch and special occasion dinner specials.

Café du Jour: 1107 E. Carson St., South Side, 412-488-9695; Small California-inspired café featuring lovely outdoor summer seating.

Cappy's: 5431 Walnut St., 412-621-1188; Tasty pub grub and daily specials

Cheese Cellar Café: Station Square, South Side, 412-471-3355, New American style.

Church Brew Works: 3525 Liberty Ave., Lawrenceville, 412-688-8200; Completely fun, irreverent Catholic Church-turned brew pub. Great beer brewed on premises (on the altar actually). Must see to believe! Entrees can be a little pricey. Pizzas and bar menu are cheaper options.

Common Plea: 310 Ross St., Downtown, 412-281-5140; Pittsburgh institution with court-of-law theme. Great place for a business lunch.

Fat Head's: 1805 E. Carson St., South Side, 412-431-7433; Better-than-average bar grub; excellent beer list; huge burgers.

Grandview Saloon: 1212 Grandview Ave., Mount Washington, 412-431-1400; Lets you enjoy the views without the heavy price tag. Relaxed atmosphere and menu.

Gullifty's: 1922 Murray Ave., Squirrel Hill, 412-521-8222; Family restaurant-style menu—specialty sandwiches, burgers, chicken fingers, cheesesteaks, pasta. Features a huge assortment of cakes and pies. Consistently voted "Best Desserts" in the city. Good place for take-out.

Isabela on Grandview: 1318 Grandview Ave., Mount Washington, 412-431-5882; Contemporary, pricey cuisine in intimate dining atmosphere in a former private home.

Le Mont: 1114 Grandview Ave., Mount Washington, 412-431-3100; One of Pittsburgh's finest dining experiences. Offers excellent, upscale continental cuisine in an elegant setting.

Lot 17: 4617 Liberty Ave., Bloomfield, 412-687-8117; Good "American" food.

Palomino: 4 Gateway Center, Downtown, 412-642-7711; Sophisticated, lively atmosphere with upscale New American cuisine.

Seventh Street Grille: 130 7th St., Downtown, 412-338-0303; Located in the Century Building. Popular pre-performance hangout with expansive beer selection.

Squirrel Hill Café: 5802 Forbes Ave., Squirrel Hill, 412-521-3327; Decent American soups, salads & sandwiches.

Sunnyledge: 5124 Fifth Ave., Shadyside, 412-683-5014; Small hotel with restaurant that serves lunch, afternoon tea and dinner, as well as Sunday brunch. Seasonal outdoor seating.

Tessaro's: 4601 Liberty Ave., Bloomfield, 412-682-6809; Cozy place boasting famously big, awesome burgers. Consistently rated "Best Burgers & Steaks" in the city. Featured on the Food Network.

Tin Angel: 1200 Grandview Ave., Mount Washington, 412-381-1919; Intimate, romantic setting. Serves upscale American cuisine.

Tonic Bar & Grill: 917 Liberty Ave., Downtown, 412-456-0460; Fantastic new bar and restaurant offering innovative cuisine.

Walnut Grill: 5500 Walnut St., Shadyside, 412-688-8220; American restaurant and bar. Fun décor.

Asian-Fusion

Café Asia: 5833 Forbes Ave., Squirrel Hill, 412-521-2080; Good, inexpensive Asian.

Lu Lu's Noodle Shop: 400 South Craig St., Oakland, 412-687-7777; Inexpensive pan-Asian cuisine. Nice-size portions for the money. Stick with noodles as that's the specialty. Great for take-out or you can dine-in.

Soba: 5847 Ellsworth Ave., Shadyside, 412-362-5656; Pan-Asian cuisine in sleek, sophisticated atmosphere. Look for dessert sushi! Seasonal roof-top dining.

☪ **Spice Island Tea House;** 253 Atwood., Oakland, 412-687-8821; Interesting and very affordable pan-Asian cuisine in quaint setting.

British/Scottish

Piper's Pub: 1828 E. Carson St., South Side, 412-381-3977; Best kept secret in town! Authentic Scottish pub & restaurant offering live music on weekends. Also serves delicious and affordable Scottish breakfast. Satellite feeds of rugby, English football & cricket.

Harp & Fiddle: 2329 Penn Ave., Strip District, 412-642-6622; Irish pub and restaurant. Live music. Lots of fun.

Brunch/Breakfast

Deluca's: 2015 Penn Ave., Strip District, 412-566-2195; Pittsburgh institution for breakfast. Huge portions.

Enrico's Tazza D'Oro European Café and Espresso Bar: 1125 N. Highland Ave., Highland Park, 412-362-DORO; In addition to excellent coffee and tea beverages, this unassuming jewel also offers brunch on Sundays with a rotating.

Grand Concourse: Station Square., 412-261-1717; Fantastic atmosphere and beautiful riverview.

Lidia's of Pittsburgh: 1400 Smallman St., Strip District, 412-552-0150. Fun Italian restaurant started by noted chef and PBS star Lidia Bastianich. Great Sunday brunch!

Sunnylegge: 5124 Fifth Ave., Shadyside, 412-683-5014; Small hotel with restaurant that serves Sunday brunch. Seasonal outdoor seating.

Original Pancake House: McNight Road, North Hills

Pamela's: 5813 Forbes Ave., Squirrel Hill, 412-422-9457; 5527 Walnut St., Shadyside; 3703 Forbes Ave., Oakland, 412-683-4066; Fantastic "greasy spoon" serving huge crepe-style pancakes and other good diner fare. Try the home-style potatoes, too!

Piper's Pub: 1828 E. Carson St., South Side, 412-381-3977; Delicious and affordable Scottish breakfast.

Cambodian

Lemongrass Café: 124 6th St., Downtown, 412-765-2222

🍷 **Phnom Penh:** 410 First Ave., Downtown, 412-261-4166; Traditional Cambodian cuisine.

Caribbean

Kaya: 2000 Smallman St., Strip District, 412-261-6565; Caribbean-themed restaurant offering excellent "tropas" (aka tapas) in a fun atmosphere. Great drinks and a good happy hour.

Chinese

China Palace: 5440 Walnut St., Shadyside, 412-687-7423; Popular place offering good standard Chinese fare.

Chop Sticks Chinese Restaurant: 2018 Murray Ave., Squirrel Hill, 412-421-1920; Asian take-out buffet.

New Dumpling House: 2138 Murray Ave., Squirrel Hill, 412-422-4178; Full-menu Asian restaurant featuring dim sum menu on weekends.

PF Changs: 148 W. Bridge St., The Waterfront; 412-464-0640; Good place for groups; can do family style; Excellent cocktails!

Sichuan House Chinese Restaurant: 1900 Murray Ave., Squirrel Hill, 412-422-2700

Diners/Sandwiches/Subs

Pamela's: 5813 Forbes Ave., Squirrel Hill, 412-422-9457; 5527 Walnut St., Shadyside; 3703 Forbes Ave., Oakland, 412-683-4066; Fantastic "greasy spoon" serving huge crepe-style pancakes and other good diner fare. Try the home-style potatoes, too!

Primanti Bros.: 3803 Forbes Ave., Oakland, 412-621-4444; 46 18th St., Strip District; One of several locations of this Pittsburgh institution. Best for late night sandwiches (fries and coleslaw in the sandwich is what they're known for).

The Original Hot Dog a.k.a. "The O": 3901 Forbes Ave., Oakland; Great for late-night munchies. The fries develop magical powers after midnight (Second location at the CMU University Center).

Southside Steaks: Corner of 20th and E Carson Sts., South Side, 412-390-1844; Specializes in "Philly Cheesesteaks" complete with buns from Amoroso's (supplier to Geno's in Philly) and Kraft Cheese Whiz.

Uncle Sam's Classic Subs: 5808 Forbes Ave., Squirrel Hill,, For Carry-Out: 412-521-7827 or For Delivery: 421-9346; Good, greasy subs and fries.

Eastern European

Jozsa Corner Hungarian Restaurant: 4800 2nd Ave., 412-422-1886; not in the best neighborhood, but food is excellent and you must make reservations ahead of time.

French

Heyholde: On Coraopolis Heights Road in Moon Township (near airport), 412-264-3116, www.heyholde.com; Truly spectacular castle setting complete with flower & herb gardens, enormous crackling fires in winter. Wonderful, French-influenced food. Many special events through the year including cabaret, fondue tastings and elegant outdoor picnics.

Laforét: 5701 Bryant St., Highland Park, 412-665-9000; Considered by many to be the finest restaurant in Pittsburgh. Outstanding (and pricey) French cuisine accompanied by an exceptional wine list.

Le Perroquet: 709 Bellefonte St., Shadyside, 412-687-1022; Elegant, small French bistro nestled off of Walnut. Offers \$20 prix fix menu.

Le Pommier: 2104 E. Carson St., South Side, 412-431-1901; Listed in Gourmet 2003 Best List: Best Neighborhood Spot. Lovely French restaurant offering a \$30 prix fix menu and great service.

German

Max's Allegheny Tavern: 537 Suisman Street, North Side, 412-231-1899. Serves up German fare.

Indian/Euro-Indian

Bikki: 726-738 Bellefonte St., Shadyside, 412-683-5756; Brand new restaurant off of Walnut St. Chef is from Isabella's on Grandview. Euro-Indian cuisine. Great reviews thus far.

India Garden: 328 Atwood St., Oakland, 412-682-3000; Good, inexpensive Indian food. Huge menu. 50% off entrée special from 3:00 – 5:00 p.m.; 11:00 p.m. – 1:00 a.m.

Sitar: 5904 Bryant St., Highland Park, 412-365-0300; Decent Indian cuisine, although there are definitely better options in other neighborhoods.

Star of India: 412 S. Craig St., Oakland, 412-681-5700; Higher-end Indian in pretty surroundings. Big lunch buffet.

Udipi Café: **4141 Old William Penn Hwy., Monroeville, 15146, 412-373-5581; Consistently considered best authentic Indian cuisine in Pittsburgh**

Italian

Alexander's Pasta Express: 5104 Liberty Ave., Bloomfield, 412-682-9824; Good Italian, sizeable portions.

Bona Terra: 908 Main St., Sharpsburg (about 30 minutes north of Pittsburgh), 412-781-8210; upscale Italian cuisine.

Bravo Cucina Italiana: 250 W. Bridge St., The Waterfront, 412-461-1444; Huge, loud Italian restaurant. Surprisingly good food for a chain-style restaurant.

Bravo Franco Ristorante: 613 Penn Ave., Downtown, 412-642-6677, www.bravofranco.com; Fantastic Italian restaurant that's perfect for pre-performance dining.

Bruschetta's: 1831 E. Carson St., South Side, 412-431-3535; Tasty, affordable Northern Italian cuisine.

Buca di Beppo: Station Square, South Side, 412-471-9463; Family-style Italian. Huge portions. Fun, loud atmosphere.

Del's: 4428 Liberty Ave., Bloomfield, 412-683-1448; Good traditional, no frills Italian cuisine in family restaurant-style setting. Great price for size of portions and quality of food!

Dish Osteria: 128 South 17th St., South Side, 412-390-2012; Tucked away on a side street off of Carson. Unassuming from outside. Listed in Gourmet 2003 Best List. Offers a hip, friendly atmosphere and serves up unique Italian cuisine. Great wine list and knowledgeable staff. Beautiful copper bar.

Enrico's: Ellsworth Ave., near Soba, Shadyside; Same owners as Enrico's Biscotti in the Strip District and Enrico's Tazza D'Oro in Highland Park. Upscale Italian cuisine in funky setting. Service can be iffy!

Enrico's Tazza D'Oro European Café and Espresso Bar: 1125 N. Highland Ave., Highland Park, 412-362-DORO; In addition to excellent coffee and tea beverages, this unassuming jewel also offers a small, but wonderful menu featuring excellent panini and soups. Also offers brunch on Sundays.

F Tambellini's: 139 7th St., Downtown, 412-391-1091., www.eatzucchini.com; Great place for pre-show eats. Very good Italian food; signature dish is fried zucchini.

☪ **Girasole:** 733 Copeland St., Shadyside (just off of Walnut, in lower level of building), 412-682-2130; Outstanding Italian food in intimate setting. Reasonably priced given the high quality of cuisine.

Joe Mama's: 3716 Forbes Ave., Oakland, 412-621-7282; Retro Italian diner, big cocktails.

La Tavola Italiana Restaurant: 1 Boggs Ave., Pittsburgh 15211, 412-481-6627; Excellent Italian restaurant

Lidia's of Pittsburgh: 1400 Smallman St., Strip District, 412-552-0150. Fun Italian restaurant in funky atmosphere started by noted chef and PBS star Lidia Bastianich. It's a little on the pricey side for what you get. Great Sunday brunch!

🍷 **La Cucina Flagrea:** 2114 Murray Ave., Squirrel Hill, 412-521-2082; Excellent authentic Italian.

La Strada: 620 Liberty Ave., Downtown, 412-697-2800; Upscale, modern Italian cuisine in chic setting. Great choice for pre-performance dinner.

Mezzanotte Café: 4621 Liberty Ave., Bloomfield, 412-688-8070; Good Italian food in funky, chic setting.

Japanese

Chaya Japanese Cuisine: 2104 Murray Ave., Squirrel Hill, 412-422-2082, www.chayausa.com; Small, authentic Japanese cuisine with small sushi bar.

Nakama: 1611 E. Carson St., South Side, 877-860-6090 ext 2004; Hip new bar & Japanese restaurant. Offers hibachi-style cooking.

Sushi Kim: 1241 Penn Ave., Strip District, 412-281-9956; Consistently ranked "Best Sushi" in Pittsburgh.

Sushi Too: 5432 Walnut St., Shadyside, 412-687-8744; Full (huge) Japanese menu and sushi bar.

Umi Japanese Restaurant: 5849 Ellsworth Ave., Shadyside, 412-362-6198; Located on level above Soba. Full Japanese menu and fantastic sushi. Pricey, but excellent.

Kosher

Milky Way: 2120 Murray Ave., Squirrel Hill, 412-421-3121

Mediterranean

Café Allegro: 51 S. 12th St., South Side, 412-481-7788; Upscale (and pricey) Mediterranean cuisine. Romantic atmosphere; Good for a special occasion.

🍷 **Café Zinho:** 238 Spahr St., Shadyside, 412-363-1500; Modestly priced & funky younger sister of Baum Vivant. Lively café in former garage, offering gourmet eats.

Casbah: 229 S. Highland Ave., Shadyside, 412-661-5656; Sophisticated, high-end Mediterranean. Great wine list, unique menu. But very expensive, particularly given the small portions!

Mexican

Cozumel Mexican Restaurant: 5505 Walnut St., 15232, 412-621-5100

🍷 **Fajita Grill, The:** 5865 Ellsworth Ave., Shadyside, 412-362-3030; Decent Mexican, although some items are a little on the expensive side for the quality.

🍷 **La Fiesta:** 346 Atwood St., Oakland, 412-687-8424; Many think this is the best Mexican fare in Pittsburgh.

Mad Mex: 370 Atwood St., Oakland, 412-681-5656; Mexican food in fun setting.

Mexico City: 111 Smithfield St., 412-391-2591; Closest to Taqueria that you will find in Pittsburgh

Taco Loco: 17th and E. Carson Sts., South Side, 412-488-8858; Authentic family-run Mexican taqueria. Fish tacos, carnitas, dinner plates, too.

Middle Eastern & Greek

Aladdin's Eatery: 5878 Forbes Ave., Squirrel Hill, 412-421-5100; Standard (and very reasonably priced) Middle Eastern fare. Good place for take-out.

🍷 **Ali Baba:** 404 South Craig St., Oakland, 412-682-2829; Good Middle Eastern fare.

🍷 **Kassab's:** 1001 E. Carson St., South Side, 412-381-1820; best Middle-Eastern food in town. Great value!

Nico's Recovery Room: Friendship Ave. & Pearl St., Bloomfield, 412-681-9562; Bar/restaurant serving Greek American cuisine. Popular hangout of nearby West Penn Hospital employees.

Peruvian

🍷 **La Feria:** 5527 Walnut St., Shadyside (located above Pamela's), 412 682-4501; Cute, no-frills (and inexpensive) restaurant offering Peruvian sandwiches, salads, and a couple daily entrée choices. Fantastic lemonade and limeade. Nice selection of Peruvian arts, crafts and jewelry.

Pizza & Subs

Aiellos's Pizza: 2112 Murray Ave., Squirrel Hill, 412-521-9973; Decent take-out pizza and subs. Small, no-frills dine-in section.

Pi Pizza by Vallozzi: 5829 Forbes Ave., Squirrel Hill, 412-521-3880; Nouveau thin-crust pizza (crust tastes more like dessert pie crust than pizza crust). Also serves soups, salads, panini, pastas.

Mineo's: 2128 Murray Ave., Squirrel Hill, 412-521-9864; Perennial favorite in various polls for both traditional and white pizza styles.

Rialto Pizza Inc.: 623 Greenfield Ave., Pittsburgh 15207, 412-421-2121

Vesuvio: E. Carson St., South Side; Real deal New York "slice & a coke" walk-up pizza joint. Fantastic!

Village Pizza: 810 Ivy St., Shadyside, 412-682-6878; Typical "college town" pizza. Popular with late-night crowd.

Polish

Bloomfield Bridge Tavern: 4412 Liberty Ave., Bloomfield, 412-682-8611; Dubbed "Pittsburgh's Polish Party House," this is the place to go to experience Polish food at its best. Pittsburgh's best homemade pierogies!

Seafood

Benkovitz Seafood: 23rd and Smallman St., Strip District, 412-263-3016; In addition to great seafood and other culinary offerings at the market, this little tucked-away gem is a great place to grab a bite while shopping in the Strip. You can get a great fried (or broiled) fish sandwich and fries and eat at the standup counter or at one of the little tables inside or outside.

Monterey Bay Fish Grotto: 1411 Grandview Ave., Mount Washington, 412-481-4414; Outstanding seafood. Expensive, but a real treat. If you're celebrating a special occasion, this is a great option!

Soul Food

Soul Food Connection: 819 Wood St., Wilkinsburg, 412-241-4910; Try the smothered fried chicken!

Big Mama's House of Soul: 1603 Penn Ave., 15222, 412-471-2910; Located in the Strip District, was recently featured on CBS.

Spanish

Mallorca: 2228 E. Carson Street, South Side, 412-488-1818; Offers Spanish cuisine. Has received inconsistent reviews, but nevertheless has many devotees. Nice outdoor patio.

Steakhouses

Nick & Tony's: 600 Grant St., Downtown, 412-642-7600; Located in the U.S. Steel Tower, this is a little bit of a hike to the heart of the Cultural District, but if you're up for the walk, it offers good pre-show dining. American cuisine/Steakhouse. Very lively atmosphere.

Ruth's Chris Steak House: 6 PPG Place, Downtown, 412-391-4800; Award-winning high-end chain of steak houses.

Thai

🍷 **Bangkok Balcony:** 5846 Forbes Ave., Squirrel Hill, 412-521-0728; Excellent Thai food in cool atmosphere perched above Forbes Ave.

My Thai: 5401 Walnut St., Shadyside, 412-688-8424; Good Thai cuisine.

Silk Elephant: 1712 Murray Ave., 412-421-8801; Authentic Thai food, also serving tapas and great wine selection

🍷 **Thai Cuisine:** 4627 Liberty Ave., Bloomfield, 412-688-9661; Nestled in the midst of Italian restaurants, Thai Cuisine offers outstanding, very reasonably priced Thai food. Friendly, attentive service and BYOB make it a home run!

Thai Place Restaurant: 5528 Walnut St., Shadyside, 412-687-8586; Good Thai cuisine.

Vegetarian

Coca Coffee Lounge: 3811 Butler St., Lawrenceville, 412-621-3171

East End Co-op Café: 7516 Meade St., Point Breeze, 412-242-7726

Quiet Storm: 5430 Penn Ave., East Liberty/Friendship, 412-661-9355

Zen Garden: 5882 Forbes Ave., 412-422-7188, www.zengardenrestaurant.com; Good vegetarian restaurant.

Vietnamese

Trams' Kitchen: 3811 Penn Ave., Bloomfield, 412-682-2688

Restaurants for Special Occasions

When you want to spend a little—or a lot—more, here are some suggestions. See referenced categories to find more information on each restaurant.

Café Allegro, Mediterranean (South Side)
Laforet, French (Highland Park)
Heyholde, French (Moon Township)
Isabella's on Grandview, American (Mount Washington)
Le Mont, American (Mount Washington)
Monterey Bay Fish Grotto, Seafood (Mount Washington)
Tin Angel, American (Mount Washington)

Coffeeshouses

Like every other American city, Pittsburgh seems to have a Starbucks on every corner. But, here is a sampling of independent coffeeshouses we like, too:

Beehive: 1327 E. Carson St., South Side, 412-488-HIVE

Coffee Tree Roasters: 5840 Forbes Avenue, Squirrel Hill, 412-422-4427; new (huge) location on Walnut Street in Shadyside.

Crazy Mocha: 5830 Ellsworth Ave., Shadyside, 412-441-9344; 4525 Liberty Ave., Bloomfield, 412-681-5225; 116 S. Bouquet St., 412-621-7440

Enrico's Tazza D'Oro Café: 1125 N. Highland Ave., Highland Park, 412-362-3676

Kiva Han Coffee: Corner of Craig St. & Forbes Ave., Oakland; Free wireless access. Pastries & coffee.

Phipps Café: Across from the Conservatory (Panther Hollow), Oakland; Free wireless access, pastries and coffee.

61C: 1839 Murray Ave., Squirrel Hill, 412-521-6161; Free wireless access.

Te Café: 2000 Murray Ave., 412-422-8888; Daily tea by the cup, extensive selection of teas by the pot, as well as smoothies and lemonade.

Tuscany Café: 1501 E. Carson St., South Side, 412-488-4475; Excellent weekend brunch with Bloody Mary bar.

Zenith Tea Room: 26th & Sarah Sts., South Side, 412-481-4833; Small funky café with tasty veggie fare.

Bakeries, Ice Cream & Confectionary

Chatellier's Bakery: 213 North Ave., Millvale, 412-821-8533; Jean Marc has been turning out the best French pastries in town here. Well worth the out of the way locale. Croissant, brioche, gourmet cakes, homemade chocolate truffles, etc.

Enrico's Biscotti: 2022 Penn Ave., Strip District, 412-281-2602; Amazing biscotti and macaroons!

Grecianland Pastries: 500 E. Carson St., South Side, 412-381-7770; Fresh Greek pastries made daily.

Gluutony: 1923 Murray Ave.; gluten and casein-free goodies

Mediterra Bread Company: Penn Ave., Strip District, 412-490-9130

Mercurio's Mulberry Creamery: 733 Copeland, Shadyside, 412-621-6220; gelato, sundaes, shakes and specialty desserts; unique flavors and weekly sundae specials

Prantl's: 5525 Walnut Street, Shadyside, 412-621-2092; Try the toasted almond cake...

Chocolate Celebrations/Milkshake Factory: 1705 E. Carson St., South Side, 412-488-1808; Homemade candies & ice cream.

Dave & Andy's Ice Cream: 207 Atwood St., Oakland

Klavon's Ice Cream & Candy: 2801 Penn Ave., Strip District; Charming old pharmacy turned into old-fashioned ice cream counter.

Mon Aimee Chocolat: 2101 Penn Ave., Strip District, 412-395-0022; Truly exceptional artisanal & imported chocolates. Check out the hot chocolate bar!

Rita's Italian Ice: 5880 Forbes Avenue, Squirrel Hill; Try the gelati!

Oh Yeah!: 232 Highland Ave., Shadyside, 412-253-0955; specializing in vegan and organic icecream, also serves soups, coffees and espresso; try their legendary ice cream breakfast

Bars, Pubs & Nightclubs

There are many great bars and nightclubs in Pittsburgh. If you've got the stamina, the South Side has about 25 bars (some listed here) in a six-block radius.

Bossa Nova: 123 7th St., Downtown, 412-232-3030; Trendy tapas & cocktails.

Church Brew Works: 3525 Liberty Ave., Lawrenceville, 412-688-8200

Club Café: 56 South 12th St., South Side, 412-431-4950; Intimate art-deco styled club that attracts national acts. Good cocktails & small plates.

Crawford Grill: 2141 Wylie Ave., Hill District, 412-471-1565; Pittsburgh Jazz Landmark.

Dowe's on 9th: 121 9th St., Downtown, 412-281-9225; Jazz & blues club that features a full dinner menu.

Gooski's: 3117 Brerton, Polish Hill, 412-681-9678; Voted Best Jukebox 2003 .

Grandview Saloon: 1212 Grandview Ave., Mount Washington, 412-431-1400

Harp & Fiddle: 2329 Penn Ave., Strip District, 412-642-6622; Irish pub & restaurant. Live music. Lots of fun.

Jack's: 12th & East Carson Sts., South Side; Great dive.

Kelly's Bar & Lounge: 6012 Penn Circle South, East Liberty, 412-363-6012; Go with your friends for a great late night beer & bite.

Mario's/Blue Lou's Southside Saloon: 1514 E. Carson St., 412-381-5610

Penn Brewery: Troy Hill Road & Vinial St., North Side, 412-237-9402; Pennsylvania's oldest microbrewery. Beer Garden & German food.

Piper's Pub: 1828 E. Carson St., South Side, 412-381-3977; Authentic Scottish pub & restaurant. Best kept secret in town. Live music on weekends. Satellite rugby, English football & cricket.

Tiki Lounge: 2003 E. Carson St., South Side

Zythos: 2108 E. Carson St., South Side, 412-481-2234; Great beer selection. Very hip.

SHOPPING IN PITTSBURGH

Alcohol

In Pennsylvania, no alcohol is sold in supermarkets or convenience stores. In addition, wine and hard alcohol is sold at state-run Wine & Spirit stores, while beer is sold at distributors. And one more important point: distributors can only sell beer in cases (24 cans or bottles) or by the keg. Certain bars or delis with liquor licenses sell beer in six packs.

Wine & Spirit Stores:

For more information on store locations and liquor sales, visit the Pennsylvania Liquor Control Board Web site: <http://www.lcb.state.pa.us/RETAIL/>

1824 Murray Ave., Squirrel Hill, 412-420-2000

5430 Centre Ave., Shadyside, 412-688-1938 (open on Sundays)

The Waterworks, Fox Chapel (open on Sundays)

Beer Distributors:

McBroom Distributor, 1200 S. Braddock Ave., Regent Square, 412-241-2500

Save-Mor Beer & Pop, 4516 Browns Hill Road, 412-421-8550; Located between Squirrel Hill and The Waterfront (Homestead)

Malls

Below we've listed some of the more popular malls. For additional information on these and other malls, check out the Pittsburgh mall guide at <http://pittsburgh.wpxi.com/shopping/guides/mall>.

Ross Park Mall: (North Hills) 412-369-4400, www.ross-park-mall.com; **Directions:** 376 W to Blvd. of the Allies. Follow signs to North Side (279N). Merge onto 279N and exit at McKnight Road. Follow for about three miles. Pottery Barn, Williams-Sonoma, Ann Taylor, Talbots, J. Crew and much more.

Monroeville Mall: (East) 412-243-8511, www.monroeville-mall.com; **Directions:** 376 E through Squirrel Hill Tunnel to Business 22. Follow for about 2 miles. Closest mall, but lacks high end shopping. Has Kaufmanns and Lazarus (largest local department stores).

The Mall at Robinson: (West/South) 412-391-7887, www.shoprobinsonmall.com; **Directions:** 376 W to 279 S through Fort Pitt Tunnel. Follow for about 8 miles. Take RTC exit and turn right.

Century III Mall: (West Mifflin) 412-653-1220, www.simon.com; **Directions:** Take Liberty Tubes and go straight for about 7 miles.

South Hills Village: (Bethel Park) 412-831-2900, www.shopsimon.com; **Directions:** Take Liberty Tubes and go straight for about 7 miles.

The Galleria: (Mt. Lebanon) 412-561-4000, www.galleriapgh.com; **Directions:** Take the Liberty Tubes and go straight for about 5 miles. Very upscale.

Downtown Shopping

For additional information for these and additional Downtown retailers, please see www.downtownpittsburgh.com.

Macy's: 400 Fifth Ave., Downtown, 412-232-2000

Saks Fifth Avenue: 513 Smithfield St., Downtown, 412-263-4800, www.saks.com

The Shops at One Oxford Centre: Fourth & Grant Sts., Downtown, 412-391-5300

Plazas and Outdoor Shopping

The Pointe at Robinson Towne Center and The Plaza at Robinson Town Center: (out near airport) 412-787-0722 and 412-391-7887; **Directions:** 376 W through Fort Pitt Tunnel. Follow 279 S for about 8 miles. Between both plazas, there's an Ikea, Office Depot, Target, Walmart Super Center, Sam's Warehouse, Costco, Home Depot, DSW Shoe Warehouse, Old Navy and lots and lots more.

Shadyside/Walnut Street: <http://www.shadysideshops.com/>

The hub of Shadyside. Ann Taylor, Talbots, Gap, Pottery Barn, Williams-Sonoma, Banana Republic, Benetton, hair salons and great restaurants.

Ellsworth Avenue in Shadyside

More boutiques and restaurants

Forbes and Murray, Squirrel Hill:

Boutiques, ethnic shops and great restaurants

For more information: <http://www.postgazette.com/lifestyle/20021215squirrelhill1215fnp2.asp>

The Waterfront: <http://www.waterfronttowncenter.com/>

Located in Homestead, just a short drive from Squirrel Hill. The Waterfront is a huge complex built on old steel mill land along the river.

Huge, very nice Giant Eagle with great produce section, organic section, dry cleaner and video rental.

Stores include: Lowes, Marshalls, Filene's Basement, DSW Shoe Warehouse, Gap, Barnes and Noble, Ann Taylor Loft, Petco, Ulta Cosmetics, Macy's and much more.

Restaurants, bars and entertainment include: Dave & Busters, Rock Bottom Brewery, PF Changs, Cabo, Bravo! Cucina Italiana, Bar Louie, Loews Movies IMPROV, and Sing Sing dueling piano bar.

Directions: Murray Avenue South, left onto Hazelwood, across Hi-Level Bridge.

Strip District: www.neighborsinthestrip.com

Smallman and Penn, starts around 22nd. Wonderful place to shop for produce, fish and ethnic specialties. It's Pittsburgh's answer to the ultimate farmers' market! **Beware:** Saturday mornings are packed, and the Italian grocers are closed on Sundays!

Southside Works: <http://www.southsideworks.com/>

E. Carson Street, near the Hot Metal bridge; cinema, REI, Puma, H&M, Z Gallerie, Ann Taylor Loft, Benetton, Cheesecake Factory, Qdoba, Claddagh Irish Pub, McCormick & Schmick's Seafood, etc.; bike trail runs along the river by Southside Works is now connected by a footbridge to the other side of the river.

The Waterworks: www.shopthewaterworks.com

Waterworks has the other nice, huge, and well-equipped Giant Eagle.

Stores include: Barnes and Noble, Petco, Bed Bath and Beyond, Walmart, Marshall's, Specialty Luggage, Old Navy and much more.

Directions: Take Fifth Ave. toward East Liberty; cross over Penn Ave. Fifth becomes Washington Blvd. Follow until you come to a "T", turn left onto Allegheny River Blvd, and go over Highland Park Bridge. Take the Aspinwall exit, and go straight for 1 mile.

Grove City Outlets: www.primeoutlets.com

45-60 minute drive on 79N to exit 31. It's the sixth largest outlet mall in the country.

Furniture Stores

American Freight

Penn Hills- 412-241-3511

They have good deals on furniture, but try to avoid their mattresses. Same Day Delivery.

CORT Furniture Rentals & Sales

Greentree - 412-788-1150

South Hills - 412-885-2222

Futon Mill

Homestead - 412-464-2270

Futons by Options

South Side - 412-481-7322

IKEA

Robinson Towne Centre - 412-747-0747

Mattress Discounters

412-367-4787

Norka Futon

Squirrel Hill - 412-521-4469

Perlora

South Side - 412-431-2220

Pier One Imports

Waterfront - 412-464-6631

Monroeville - 412-373-3587

Waterworks - 412-464-6631

Pittsburgh Mattress Outlet

Strip District - 412-765-1666

Weisshouse

Shadyside - 412-687-1111

EXPERIENCING PITTSBURGH'S CULTURAL LANDSCAPE

From a world-class symphony to innovative theater, major art museums to eclectic galleries, Pittsburgh boasts a dizzying array of cultural activities and events. Most people don't realize that this city truly is a cultural haven.

In this section, we've provided a list of some of the cultural events, activities and venues Pittsburgh has to offer. This is by no means an exhaustive list. In fact, it's really just the tip of the iceberg!

Tepper School of Business at Carnegie Mellon Students:

Check out the **Arts Pass Program**. This entitles students with valid student ID to free admission to some of Pittsburgh's hottest cultural venues including:

- Andy Warhol Museum
- Carnegie Museum of Art
- Carnegie Museum of Natural History
- Carnegie Science Center
- Phipps Conservatory
- The Mattress Factory

Find out more at the UC Info Desk. In addition, check with the Info Desk for a continually updated list of discount tickets available to various events, concerts, etc.

Important Web Resources

The Pittsburgh Cultural Trust: www.pgharts.org

A nonprofit organization created in the 1980s to stimulate the economic and cultural development of Pittsburgh through the development and promotion of a downtown arts and entertainment district.

The Cultural Trust's Web site provides a central location to search for information on events at a number of venues including Benedum Center, Byham Theater, Harris Theater, O'Reilly Theater, Wood Street Galleries, Heinz Hall, Watercolors Gallery.

The Greater Pittsburgh Convention & Visitors Bureau: www.pittsburgh-cvb.org

Official site for travel and tourism in Pittsburgh.

Pennsylvania Federation of Museums and Historical Organizations:

<http://www.pamuseums.org/directories/Pitt.htm>; A guide to museums and historical organizations in PA (search by Pittsburgh & Allegheny County).

www.Pittsburghlive.com

The Tribune-Review Publishing Company created this site which features news, sports updates, entertainment offerings, weather and much more.

<http://www.carnegielibrary.org/subject/pgh/events.html>

Carnegie Library of Pittsburgh provides links to an extensive list of Pittsburgh Event Calendars.

<http://www.pghevents.com>

Indispensable Web site sponsored by Managerie, a "social enterprise" for the area's arts & entertainment community in Pittsburgh; Provides an extensive list of events searchable by various criteria (type of event, venue, date, etc.)

Pittsburgh Parks & Recreation

http://www.city.pittsburgh.pa.us/parks/html/citiparks_events.html

This site offers a wealth of information on various events in the city parks.

Special/Seasonal Events

First Fridays at the Frick Art & Historical Center

412-371-0600; www.frickart.org

Series of warm-weather concerts/entertainment on the lawn at The Frick. Free. Bring wine, food and some lawn chairs. Get there early!

Bach, Beethoven and Brunch

412-255-2539, www.city.pittsburgh.pa.us/parks

On the lawn at Mellon Park (Fifth and Shady),

Classical music by the rose garden. Sundays in July (10:30 a.m. – 12:00 p.m.)

Three Rivers Arts Festival

412-281-8723, www.artsfestival.net,

Extensive arts fest that spans downtown, including Point State Park and sites along Liberty and Penn Ave. June 4 – 20, 2004.

Comcast Cinema in the Park

412-255-2539, www.city.pittsburgh.pa.us/parks

Outdoor films in six locations, including Schenley Park.

Walking Distance from Carnegie Mellon

Carnegie Museums

www.carnegiemuseums.org: Web site with information about the Carnegie Museum of Art, Carnegie Museum of Natural History, Carnegie Science Center (& Rangos OMNIMAX® Theater) and The Andy Warhol Museum

Offers Individual and Family Combined Membership package that entitles you to privileges at Carnegie Museum of Art, Carnegie Museum of Natural History, Carnegie Science Center, and The Andy Warhol Museum.

Carnegie Museum of Art

4400 Forbes Avenue, www.cmoa.org, 412-622-3131

Contains dome modern art, traditional art and great traveling exhibits.

Carnegie Museum of Natural History

4400 Forbes Avenue, <http://www.carnegiemuseums.org/cmnh/>, 412-322-3131

Attached to the Museum of Art. Contains exhibits about the earth, animals and dinosaurs. Great for kids.

Frick Art and History Center – Frick Park (a few miles from campus)

7227 Reynolds Street, 412-371-0600, <http://www.frickart.org/home/>

Formerly Henry Frick's Mansion, it now houses an art and car museum, a greenhouse and gardens. The carriage house has a great restaurant that serves afternoon tea daily. The park also has a number of trails and fields for walking.

Heinz Memorial Chapel (part of Pitt)

Fifth & Bellefield Avenues, <http://www.discover.pitt.edu/chapel/index.html>, 412-624-4157

A non-denominational chapel on the University of Pittsburgh grounds, known for its large stained glass windows.

Nationality Rooms/Cathedral of Learning (Pitt)

4200 Fifth Avenue, <http://www.discover.pitt.edu/tour/tour-080.html>, 412-624-6000

Local ethnic groups, to reflect their heritage, have decorated 24 classrooms along the lower level of the building. A historic landmark, the Cathedral of Learning is the second tallest education building in the world standing 42 stories and 535 feet tall. It is also the geographic and traditional heart of the University of Pittsburgh's campus.

Phipps Conservatory and Botanical Gardens

One Schenley Park, <http://www.phipps.conservatory.org>, 412-622-6914

A botanical garden with rotating flowers and exhibits such as the Butterfly Garden and the Model Train Town. Offers several membership packages.

Pittsburgh Filmmakers

477 Melwood Avenue, <http://www.pghfilmmakers.org/>, 412-681-5449

An amazing community resource for anyone interested in film or photography. They offer all kinds of classes to the community in addition to their college-level classes. By becoming a member, you have access to all their darkrooms and equipment.

Pittsburgh Center for the Arts (located in Mellon Park) Galleries & Shop – Corner of Fifth and Shady Aves., 361-0873 or Classes at Center School – 1047 Shady Ave., 361-0455

www.pittsburgharts.org A community arts organization—based in a beautiful, renovated mansion, focused on contemporary art that offers studio art classes and workshops, exhibits work by regional artists, promotes and sells artists' work and provides school- and community-based education programs.

Schenley Park

http://www.city.pittsburgh.pa.us/parks/html/citiparks_events.html

This park is on the edge of Carnegie Mellon's campus and contains fields, playgrounds, trails, tennis courts, soccer fields, camping areas, an outside skating rink in the winter and a swimming pool in the summer. There are frequently special events in the park, such as movies on summer evenings.

Soldiers and Sailors Museum (Pitt)

4141 Fifth Avenue, www.soldiersandsailorshall.org, 412-621-4253

Honors veterans of all wars through exhibits of military history, including the Civil War, the Persian Gulf War, and film presentations. Silence of the Lambs was filmed here.

Steven Foster Memorial (Pitt)

Forbes & Bigelow Avenues, <http://www.library.pitt.edu/libraries/cam/cam.html>, 412-624-4100

Museum dedicated to American music and the Pittsburgh-native composer. It has a library and hosts the Three Rivers Shakespeare Festival.

**Center for American Music
Foster Hall Collection**

4301 Forbes Ave., 412-624-4100

Downtown and Surrounding Areas**Carnegie Science Center and UPMC SportsWorks**

Located by Heinz Field, www.carnegiesciencecenter.org, 412-237-3400; A hands-on museum all about science. It has a planetarium, a submarine tour and an Omnimax Theatre – Fantastic for Kids!

UPMC SportsWorks, part of the Carnegie Science Center, features over 40 exhibits offering dozens of interactive experiences designed to test your skills in virtual games and sporting events. Cruise down Olympic bobsled runs, hang glide over the Grand Canyon, shoot hockey pucks at a virtual goalie. Located across the street from the Carnegie Science Center main building, next to the new Heinz Field on the North Shore. Free parking in Carnegie Science Center parking lots.

Duquesne or Monongahela Inclines

What exactly is an "Incline"? Read about the history of the Pittsburgh inclines at <http://trfn.clpgh.org/incline/historyone.htm>.

A ride up to the top of Mt. Washington for great views of downtown and numerous bars and restaurants. Carnegie Mellon students ride free! Start in Station Square and walk in either direction.

Fort Pitt Museum @ the Point

101 Commonwealth Place, Point State Park, www.fortpittmuseum.com, 412-281-9284

At the edge of the city, where the three rivers (Monongahela, Allegheny and Ohio) merge, the city has created a park and large fountain. Site of many city events such as the Regatta, Art Fair and Fireworks.

Gateway Clipper Fleet

www.gatewayclipper.com, 412-355-7980

A riverboat cruise around the city up all three rivers. Fleet includes the Majestic (for dining cruises) and the Good Ship Lollipop. Depart from clock and Station Square.

David L. Lawrence Convention Center

1000 Fort Duquesne Boulevard, www.pittsburghcc.com, 412-565-6000

First certified 'green' Convention Center in the US, using features such as natural ventilation, natural daylighting, water conservation and energy efficiency.

Heinz History Museum

1212 Smallman St., Strip District, <http://www.pghhistory.org/>, 412-454-6000

A former ice-making warehouse that has been converted to a museum dedicated to the history and heritage of Western PA. It has a discovery place for kids that highlights Mr. Roger's Neighborhood. Devoted to the history and heritage of Western Pennsylvania.

National Aviary

www.aviary.org; 412-323-7235

23 Natural Habitats created to view exotic (and some not so exotic) birds. Good for kids!
Allegheny Commons West.

Pittsburgh Children's Museum

10 Children's Way – Allegheny Center, www.pittsburghkids.org, 412-322-5058
Interactive exhibits relating to human physical and emotional development. Designed for kids up to age 12.

Pittsburgh Zoo and PPG Aquarium

Off Butler Street West of Highland Park Bridge, <http://zoo.pgh.pa.us/>, 412-665-3640
77 acres of park includes Kid Kingdom and an aquarium. Great for all.

Station Square

South side on East Carson St., www.stationsquare.com
A riverwalk along the Monongahela with relics of the region. Find selection of restaurants (mostly chains, such as the Hard Rock Café) as well as shopping.

Silver Eye Center for Photography

South Side Flats, 1015 East Carson St., 412-437-1810; www.silvereye.org
Dedicated to the understanding, appreciation, education and promotion of photography. Great exhibits, lectures and discussions held regularly.

Andy Warhol Museum

117 Sandusky St., North Shore (by PNC Park), www.warhol.org; 412-237-8300
Fantastic museum dedicated to the Pittsburgh-native pop-culture icon artist. Check out Friday Happy Hours.

Theatres and Concert Halls**Benedum Theatre**

Opera, dance, musicals, ballets
7th Street and Penn Avenue
412-456-6666
www.pgharts.org

Byham Theatre

Hosts Pittsburgh Cultural Trust productions, musical theater and other productions.
101 Sixth St., downtown (Sixth and Fort Duquesne Blvd.)
412-456-6666
www.pgharts.org

Pittsburgh Symphony Heinz Hall

Penn Ave. and Sixth St., Downtown, 412-392-4900, www.pittsburghsymphony.org
Home of the world renowned Pittsburgh Symphony. In addition the Hall serves as the venue for various cultural events. Check out Symphony with a Splash, a series geared toward the twenty- and thirty-something crowds that includes a networking/cocktail hour followed by a shorter, unique symphony performance.

Pittsburgh Opera

801 Penn Ave., 412-281-0912, www.pittsburghopera.org

O'Reilly Theater

621 Penn Ave., 412-316-1600, www.ppt.org
Look for Thursday Economy Nights with discounted tickets and free cocktail hour.

Pittsburgh Public Theatre (O'Reilly)

Performs at O'Reilly Theater, downtown; 412-321-9800

Plays; look for Thursday Economy Nights with discounted tickets and free cocktail hour.

Pittsburgh City Theatre

Contemporary Plays

57 S. 13th St., (13th and Bingham)

412-431-CITY (412-431-4400)

www.theatrecompany.org

Carnegie Mellon University College of Fine Arts

412-268-5765; www.cmu.edu/cfa

Shows located in the Purnell Center for the Arts. The Carnegie Mellon School of Drama is well known for producing fine actors and actresses including Blair Underwood, Ted Danson and Holly Hunter.

Mellon Arena

Big name nationally/internationally known musicians, bands, etc., tour here.

66 Mario Lemieux Place

(412) 642-2062

www.mellonarena.com

CATCHING A MOVIE IN PITTSBURGH

To search by movie title and/or theatre: www.pittsburgh.com/shared/movies or www.hollywood.com.

Carnegie Mellon

Dollar movie nights on campus – Thursday, Friday and Saturdays

Bring your own food and beverages – and your student ID!

Theaters closest to Carnegie Mellon

Cinemagic Manor: 1729 Murray Avenue, Squirrel Hill, 412-422-7729

Cinemagic Squirrel Hill: 5824 Forward Avenue, Squirrel Hill, 412-421-7900

Loews Waterfront: 300 West Waterfront Drive, West Homestead, 412-462-6384

Southside Works Cinema: located in the square of Southside Works, 412-381-7335

Theaters within 12 miles of Downtown (alphabetical by theater)

Carmike Galleria 6: 1500 Washington Road, Mt. Lebanon, 412-531-5551

Carmike 10 – 700 Fort Couch Road, South Hills Village, 412-835-7700

Carmike Maxi-Saver 12: 2001 Mountain View Drive, West Mifflin, 412-655-8700

Carmike Southland 9: 629 Clairton Blvd, Pleasant Hills, 412-655-0500

Cinemagic Bellevue: 609 Lincoln Avenue, Bellevue, 412-766-7744

Cinemagic Denis 4: 685 Washington Road, Mt. Lebanon, 412-343-7300

Destinta Theaters Chartiers Valley: 1025 Washington Pike, Bridgeville, 412-914-0999

Destinta Theaters Plaza East 22: 1701 Lincoln Highway, North Versailles, 412-824-9200

Harris Theater: 809 Liberty Avenue, Downtown, 412-471-9700

Melwood Screening Room: 477 Melwood Avenue, 412-237-3400

Northway Mall Cinemas 8: 8000 McKnight Road, North Hills 412-367-1593

Oaks Cinema: 310 Allegheny River Blvd, Oakmont, 412-828-6311

Omnimax @ Carnegie Science Center: 1 Allegheny Avenue, 412-237-3400

Regent Square Theater: 1035 South Braddock Avenue, Regent Square, 412-682-4111

Rex Theater: 1602 East Carson Street, South Side, 412-381-6811

Showcase Cinemas East: 3455 William Penn Highway, Monroeville, 412-824-4424

Showcase Cinemas North: 9700 McKnight Road, North Hills, 412-931-1870

Showcase Cinemas West: Park Manor Drive, 412-787-5788

Star City Cinema South Fayette 14: 100 Hickory Grade Road, Bridgeville, 412-221-6789

Waterworks Cinema: 930 Freeport Road, Fox Chapel/Aspinwall: 412-784-1402

ATTENDING SPORTING EVENTS IN PITTSBURGH

Mellon Arena

Home of Pittsburgh Penguins Hockey
412-642-1800
www.mellonarena.com

PNC Park

Home of Pittsburgh Pirates Baseball
(412) 323-5000
www.pittsburghpirates.com

Even if you're not a baseball fan, a visit to PNC Park is a treat! Like Heinz Field, PNC Park is a relatively new facility that is located on the North Shore, directly on the water, with a breathtaking view of the city across the way. And unlike Steelers tickets, Pirates tickets are fairly easy to come by and affordable!

Heinz Field

Home of Pittsburgh Steelers Football and University of Pittsburgh Panthers Football
412-323-1200
www.pittsburghsteelers.com

Again, this is just an outstanding sports facility, but the views are better in PNC Park. Highlight: Huge screen in the end zone and when the home team (Steelers or Pitt) gets in the "red zone," (10 yards within the end zone) gigantic Heinz Ketchup bottles tip over and "fill up" the screen with digital ketchup! It's hilarious! Steelers tickets are very difficult to come by/and pricey. If you're dying to

see a game (on a student budget), you can usually scalp tickets to a pre-season game for a reasonable price.

Petersen Athletic Center

<http://www.pittsburghpanthers.com/info/facilities/#pete>

Home of University of Pittsburgh Basketball

Beautiful, new facility located at 3719 Terrace Street

EXPLORING THE GREAT OUTDOORS IN PITTSBURGH

Tired of studying? Tired of watching your partner study? Why not get out and enjoy some of the recreational activities Pittsburgh has to offer literally within minutes of your house!

Pittsburgh Urban Parks

http://www.city.pittsburgh.pa.us/parks/html/citiparks_events.html

Provides one of the best resources on Pittsburgh's city parks. Contains information on activities, detailed maps, special events information. The parks most frequented by CMU students are Schenley, Frick and Mellon. They offer a huge assortment of recreational opportunities including golf, tennis, walking/running trails, ice skating, great mountain biking and more!

Point State Park

<http://www.dcnr.state.pa.us/stateparks/parks/point.aspx>

Located at the tip of Pittsburgh's Golden Triangle, where the three rivers come together. Commemorates and preserves the strategic and historic heritage of the area during the French and Indian War (1754 - 1763). By the early 1950s, the area had deteriorated into a commercial slum. It has been reclaimed and is now one of the nation's outstanding historical parks and tourist attractions. For recreational opportunities and other information on Point State Park, please see link above.

Western Pennsylvania Field Institute

412-255-0564; <http://www.wpfi.org>

The Western Pennsylvania Field Institute is a non-profit organization dedicated to getting more people outdoors. The organization sponsors events, leads outings, teaches classes and hosts a centralized website of all there is to do outside in Western Pennsylvania. Activities centered on a variety of outdoor sports/hobbies including hiking, skiing, snowshoeing, caving, biking, backpacking, fishing and outdoor leadership.

Venture Outdoors

<http://www.ventureoutdoors.org/>

Organization that increases awareness of recreational outdoor activities in Pittsburgh and the surrounding region.; plans various outings and adventures.

*A bike trail runs along the river from Schenley Park to downtown (with a few detours downtown) and also connects to Southside Works via a footbridge by Hot Metal Bridge.

ESCAPING (FOR THE DAY/WEEKEND) FROM PITTSBURGH

Want to get out of Pittsburgh for the day or weekend? Whether you're the adventurous type who wants to go whitewater rafting or the pampered type who craves a little rest and relaxation (and a full-body massage!) at a world-class spa, the Western Pennsylvania region offers something for you. In this section, we've assembled some information on easily-drivable day/weekend excursions from Pittsburgh to suit just about everyone. Have fun exploring!

General Tourism Web sites

www.experiencepa.com

www.pavisnet.com

<http://www.clpgh.org/subject/travel/usa/wpa.html>

Amusement Parks

Kennywood Park www.kennywood.com

4800 Kennywood Blvd, West Mifflin, 412-461-0500,

Only 10 miles from downtown Pittsburgh! Designated as a state and national historic landmark.

Sandcastle Water Park www.sandcastlewaterpark.com

Near the Waterfront, Homestead, 412-462-6666,

Just 15 minutes from downtown Pittsburgh on the Monongahela River, we've read that there's an outdoor bar, the Sandbar that's open Fridays and Saturdays starting Memorial Day Weekend.

Cedar Point

Sandusky, OH (approximately a 2.5 hour drive), www.cedarpoint.com

Laurel Highlands

Encompassing a three-county area comprised of Fayette, Somerset, and Westmoreland Counties in Southwestern Pennsylvania, the Laurel Highlands Region is located just east of Pittsburgh and south of Johnstown. This region offers a wide variety of activities.

General Web Sites

www.laurelhighlands.com

<http://www.laurelhighlands.org/>

<http://www.fay-west.com/>

Specific Activities/Sites to See

Fallingwater: A Frank Lloyd Wright Home

<http://www.fay-west.com/fayette/fallingwater/> or <http://www.wpconline.org/fallingwater/visit.htm>

One of Frank Lloyd Wright's most widely acclaimed works. The house is located halfway between the villages of Mill Run and Ohiopyle on Pennsylvania Route 381. Driving time from Pittsburgh is about two hours.

Kentucky Knob: A Frank Lloyd Wright Project

<http://www.fay-west.com/fayette/kentuckknob/>

Washington County: Covered bridges & trolley museum

<http://www.pavisnet.com/washington/> or www.washpatourism.com

Washington County is situated in the southwestern section of Pennsylvania, west of the Monongahela River. Among the things to do, take a drive along the National Road Heritage Corridor or check out the 23 covered bridges throughout the county. The Post-Gazette Pavilion is also located here and is ranked one of America's Top Ten concert facilities.

Ohiopyle State Park: Whitewater rafting, biking

<http://www.fay-west.com/ohiopyle/>, 724-329-8591

Located primarily in Fayette County, Ohiopyle State Park encompasses approx. 19,046 acres of rugged natural beauty and serves as the gateway to the Laurel Mountains. The focal point of the area is the more than 14 miles of the Youghiogheny River Gorge that passes through the heart of the park.

The "Yough" (pronounced "YOCK") provides some of the best whitewater boating in the East, as well as spectacular scenery. Visitors can select from a variety of recreational activities.

Wilderness Voyageurs (white water rafting tours)

1.800.272.4141, www.wilderness-voyageurs.com

Laurel Highlands River Tours (white water rafting tours)

1.800.472.3846, www.laurelhighlands.com

White Water Adventurers, Inc. (white water rafting tours)
1.800.WWA.RAFT; www.wwaraft.com

Rails to Trails

<http://www.dcnr.state.pa.us/rails/> or <http://www.atatrail.org/ata-home.htm>

A project aimed at converting abandoned railroads into public recreational trails. The Great Allegheny Passage, a 152 mile bicycle and walking trail connecting Cumberland, MD with Pittsburgh, PA, with a 52 mile branch to the Pittsburgh International Airport. This trail is not yet finished, but they have completed a continuous 100 mile section from Meyersdale to McKeesport.

Nemacolin Resort and Spa

www.nemacolin.com

A beautiful (pricey) spa that is regarded as one of the best in the country. Located just about 70 miles southeast of Pittsburgh. You could visit as a day excursion or stay overnight. Must make reservations well in advance!

Seven Springs Ski Resort

www.7springs.com

A great, nice-size ski resort located a little over an hour southeast of Pittsburgh. If you're an avid skier, you probably won't find a challenge here. Still, it's a big resort with a lot of terrain and often gets fresh snow. CMU usually sponsors a day of skiing for all its graduate programs with significantly discounted tickets. Also offers warm-weather events and activities.

Hidden Valley Ski Resort

www.hiddenvalleyresort.com

Ski resort located near Seven Springs. Also offers warm-weather events and activities.

Gettysburg Battlefield

www.gettysburgguide.com or www.visitgettysburg.com

Particularly a great destination for history buffs or anyone interested in learning more about the Civil War. You can purchase a tape that narrates as you drive around at your own pace. Also has an excellent museum. Several hours' drive from Pittsburgh.

Grove City Outlets Shopping

<http://www.primeoutlets.com/>

Deep Creek Lake

<http://www.deepcreeklake.com/>

Two hours from Pittsburgh. Offers skiing and lake activities. House rentals.

Radio Stations by Genre

Alternative Rock

105.9 FM The X- WDXD

Classical and Jazz

90.5 FM WDUQ

89.3 FM WQED (also NPR)

College

88.3 FM WRCT

Country

108 FM "Y108" WDSY

News and Talk Radio

1020 AM KDKA

1410 AM KQV

1460 AM AM Newstalk

104.7 FM WPQB Newstalk

Oldies

94.5 FM 3WS

1320 AM Nostalgia Music Station Pittsburgh

590 AM WMBS Adult Standards

Progressive Radio and Public Radio

92.1 FM WPTS

91.3 FM WYEP

88.3 FM WRCT

Sports Radio

1250 AM WTAE ESPN/ WEAE

970 AM Fox Sports Pittsburgh

Soft Rock

92.9 FM WLTJ

96.1 FM WPHH

99.7 WISH

Various/ Top 40

93.7 FM WRKZ

96.9 FM Bob FM

100.7 FM Star